

MARINE ACADEMY PRIMARY NEWSLETTER October 2023



Ted Wragg JUST



‘Where stars shine brighter’

...providing an outstanding education that ensures all pupils reach their greatest potential and live by life’s highest values.

Dear Parent/Carers of Marine Academy Primary pupils,

We hope you have all had a restful half term and are looking forward to welcoming in the cooler winter months!

After a busy and long first half term of the academic year, we would like to take this opportunity to publicly thank what is the most incredible staff team - #TeamMarine. The first half term of the academic year is always one of the most challenging but also the most fun too! We think you will agree that every member of our team goes above and beyond to make sure our children are happy and learning. This was showcased during the recent Ted Wragg Awards evening where we got to witness staff, children and communities being recognised for their endeavours, as well as some children taking part in the collective Ted Wragg Choir which brought us to tears!

We have been thrilled that Marine Academy Primary has featured in the local news this month for the achievement of our ‘Gilt Primary Science Quality Mark’ and also to showcase our visit from the Children’s Commissioner for England, Dame Rachel de Souza. Our children, along with others from our family of Ted Wragg schools and beyond, were able to share their views on education and issues that children are currently facing, playing a vital part in influencing their future. We are incredibly proud of them.

As new Co-Headteachers it has been an absolute privilege to spend every day with inspirational colleagues and our wonderful community. Some of our favourite moments during October were during drop-off in the morning and seeing the children arrive with big smiles on their faces, and saying good morning to all of you. We are really delighted that we have been able to offer such a huge range of extra-curricular activities this Autumn Term, alongside curriculum enrichment experiences for every year group. These have ranged from Year 1 visiting Dinosaur World and Year 2 visiting Morwellham Quay, to Year 4 having weekly enrichment sessions from Babcock engineers and Argyle Sports outreach. These are a brilliant way to further children’s learning and provides them with hands-on experiences to complete their learning.

We look forward to welcoming families in to school this term for our Children’s Progress Meetings, as well as informing you about our Christmas dates for the diary. This will include Christmas Lunch, Christmas Jumper Day, Carol Concerts, Reception Nativity and Pre-School and Nursery Christmas events.

Yours sincerely,

Mrs. Georgina Reid and Mrs. Nicola Keeler





DATES FOR YOUR Diary

Thursday 2nd November - First day of Term 2. Extra-Curricular Clubs begin again

Friday 3rd November - Day of the Dead: children can wear Halloween muffs

Tuesday 7th November - Year 4 trip to watch 'Epic Tails'

Wednesday 8th November - Reception trip to watch 'Paw Patrol: The Mighty Movie' and Year 5 trip to watch 'The Railway Children'

Wednesday 8th November - Conversation Cafe: Speech & Language skills including Makaton

Monday 13th to Friday 17th November - World Nursery Rhyme Week: Visit www.worldnurseryrhymeweek.com if you would like to take part at home.

Tuesday 14th November - Stay and Play sessions for new Turtles Class children

Friday 17th November - Children in Need

Monday 20th to Thursday 23rd November - Year 5 Bikeability

Tuesday 21st to Thursday 23rd November - Year 3 Bikeability

Tuesday 21st November - Year 6 Geography Field Trip to Slapton Ley

Friday 24th November - Year 2 trip to watch 'The Red Turtle'

Tuesday 28th November - Year 4 trip to Plymouth City Centre to carry out Human Migration survey

Wednesday 6th December - Conversation Cafe: Tricky eating habits

Friday 8th December - Christmas Jumper Day

Monday 11th December - Carol Concert for half of the school

Tuesday 12th December - Reception Nativity performance for RHR families

Wednesday 13th December - Carol Concert for other half of the school and whole-school Christmas lunch

Thursday 14th December - Reception Nativity performance for RTG families

Friday 15th December - Last day of Term 2: School closes for all children at 1pm

More information regarding trips and Christmas events will be sent out soon.

This year's and next year's term dates can be found on our website here:
<https://www.marineacademy.org.uk/primary/term-dates>

Pupil Progress Meetings Dates



Monday 13th November - Puffins Class and Class 6DK

Tuesday 14th November - Penguins Class and Class 6VH

Wednesday 15th November - Class 1SA and Class 5NG

Thursday 16th November - Class RTG and Class 5JU

Friday 17th November - Class 1CW and Class 3CC

Monday 20th November - Class RHR and Class 4LI

Tuesday 21st November - Class 3CW and Class 4DS

Wednesday 22nd November - Class 2NH

Thursday 23rd November - Class 2AW

Friday 24th November - Turtles Class

Please see the letter sent out on Friday 3rd November to find out how to book.

We look forward to seeing you all!



38 Things

We hope you're all enjoying completing your 38 Things!
Remember to send us any photos to share on our Facebook page, showing what you have been up to.

Your child can bring their book in to show their class teacher, and their friends, how they are getting on and so that an adult can sign off each completed 'thing'.

YEAR GROUP NEWS

Children's learning wows their teachers

Turtles

During October, Turtle Class continued our topic, 'The Wheels on the Bus', by trying to cheer up the babies on the bus by giving them a bubble bath, and finding hidden buses in shredded paper and then counting them. We have also enjoyed visiting the school library and having Taekwondo with Gary.

We all really enjoyed our topic, but we are very excited to start our new topic this week 'I Can Sing a Rainbow', and our new book 'Wow! Said the Owl'.

We are also looking forward to welcoming more new children this week and we hope that they are as excited as we are. They are going to have a lot of fun with their new friends going on 'Welly Walks', taking

part in lots of singing of Nursery Rhymes, enjoying 'Dough Disco' and much more exciting learning!

This is a busy but exciting term for Turtle Class as we celebrate many fun events, and we look forward to sharing these with you via our school Facebook page and your child's Tapestry account.



Reception

The Reception team were blown away by the children's brilliant learning last term. Their Phonics learning has progressed amazingly and we are now reading tricky words (words that can't be sounded out)



and have even been reading words by themselves! During our Maths learning, we have been focusing on number recognition, number formation and subitising! Subitising gives the children a superpower so that they don't even need to count how many objects there are, they know just by looking at them! We are so excited for our next topic which is 'Festivals of Light'. This will involve learning about a range of different festivals including, Diwali, Halloween and Christmas! We hope you have all had a wonderful break and we look forward to the term ahead!

Pre-School

The Pre-School children have loved their topic, 'How do I feel?'; they have made lots of new friends who they complete great learning with. The children have enjoyed listening and retelling all the stories we have used throughout last term. In Themed Learning, we have produced some fantastic Elmers using milk bottles, they have painted a self-portrait and enjoyed sharing their emotions using the playdough! The children are excited about their next topic, 'Who can help us?' where they will learn about all the different people who help us and may even have a visitor or two! Thank you to those parents who have activated their Tapestry account, it has been great to see the lovely observations that parents have been adding. Please continue to add any achievements or amazing learning at home to your child's account. If you are experiencing any issues logging in, then please see Mrs Brenton or Miss Stephens who will be happy to help you.





Year 1

Year 1 had such an exciting time this month! We have had a visitor from 'Janner Jurassic', the dinosaur expert who taught us even more about dinosaurs than we knew before. We were even able to take a close look at real dinosaur fossils and ask lots of questions! This set us up perfectly for our amazing visit to Dinosaur World in Torquay! The children were able to extend their already fantastic knowledge, and even have some fun hunting for fossils and taking photos with dinosaurs - we had so much fun! As well as this, we have also done some wonderful things in the classroom. Year 1 produced unbelievable History 'essays' to close our topic. They also created amazing final writes in English. All of the adults in Year 1 were blown away by the children's Phonics knowledge, after completing their Phonics assessment. Overall, the children have settled into Year 1 amazingly, and we cannot wait for an exciting Term 2. We hope you all had a fun, relaxing half term!

Year 3

Year 3 have had an amazing month! They have worked incredibly hard and deserved a well-earned rest over the October half term.

The children have been so enthusiastic about Prehistoric Britain, learning extensive amounts about how Stone Age people lived and the developments into the Bronze Age. These children (and adults) were delighted to visit Kents Cavern, where they were engrossed by the ancient caves and the handling of original artefacts. We loved hearing about the Victorian archaeologist, William Pengelly, which let us combine our prior knowledge of our favourite history topic from Year 2, 'Vile Victorians'. We learnt how most of the caves were excavated by a donkey called Topsy!

As well as fantastic History learning, the children have developed the basic skills of playing the violin. Miss Watson and Mr Cuzner love hearing how many songs the children can create out of a D and G note!

The children love their 1-hour session every Monday and they cannot believe how much they have improved already in just one month! They genuinely have really impressed us. The Year 3 adults continue to be impressed with the number of children quizzing in school and at home. We would like to remind parents that children's reading at home must be logged on to BoomReader using the login inside of Home Learning books, thank you.



Year 2

All of the Year 2 team have been really impressed by how well the children have adjusted into the increased expectations and independence required in Year 2.

In Maths, the children have been building upon their Year 1 knowledge around the place value of numbers. They are beginning to show real confidence when using resources independently to prove answers and support their own learning.

In English, the children innovated a recount of 'My Day at the Zoo', using the day out to Morwellham Quay, which was linked to our History topic this term, 'Vile Victorians'. This was an incredible opportunity to be transported back in time, the children were impeccably well behaved and blew us all away with their knowledge retrieval. We are looking forward to a happy, busy and successful time next term. Thank you so much for your continued support.

Year 4

This month, Year 4 have really immersed themselves in their learning! In English, they explored the text, 'What a Waste'; an information text about environmental issues. While investigating the text, the children practised using subordinating conjunctions and adverbials, before planning their own information texts.

In Maths, the children practised their place value skills; sorting numbers in ascending and descending order, and rounding numbers to the nearest 1000. The children then moved onto their new topic of addition and subtraction, which they began with adding 4-digit numbers, using column addition.

In History, the children completed their Roman Britain topic, learning about how the Romans conquered Britain and the influences the Romans brought with them that we still live with today.

In Science, Year 4 learnt about Sound, including amplitude, decibels and why it is important to protect our ears from loud noises! They also learnt how scientists design objects for the desired acoustic effect and completed their learning by creating their own string telephones to demonstrate how sound travels!

The highlights of the month were our weekly visits from Plymouth Argyle and Babcock, where Year 4 took part in physical and classroom-based sessions learning about teamwork, the effective use of communication, resilience and money management, together with fun STEM based activities. Well done on your commitment and resilience in all your learning last month Year 4!

Year 5

Year 5 have continued to adapt well to the demands of Upper Key Stage Two with plenty of personal pride shown towards their learning and increasingly mature choices displayed. In English, the children have used advanced language techniques and widened their understanding of non-fiction organisational features to write explanation texts about Benin Kingdom effectively. In Maths, the children have been practising their use of formal written methods for addition and subtraction before solving word problems. In History, the children have enjoyed learning more about the West African civilisation, 'The Benin Kingdom'. They have learnt about the reasons for the success of the empire and the way in which Britain was involved in the kingdom's decline in power. They have even debated whether cultural artefacts should remain in the country where they were produced or be placed in museums within countries overseas! In Art, Year 5 have followed up their lovely tile designs by creating fantastic clay pieces that resemble Benin bronzes.

In Science, the children have extended their learning about mixtures, categorising substances as soluble or insoluble and considering the scientific processes involved in separation. Well done Year 5 for an excellent first term of this year!



Year 6

October has been a fabulous month for Year 6, as they concluded their first topic of learning. At the start of the month, both classes visited the Tamar Visitor Centre, where they learnt about the work of Isambard Kingdom Brunel, who designed the Royal Albert Bridge that is still used today, enriching their current topic knowledge. The children displayed their excellent knowledge of the History based topic, 'Industrial Revolution', by producing informative and high-quality essays. In addition, over the course of the term, Year 6 have explored the work of the artist, L. S. Lowry, including the colour palettes he used within his pieces of art, which represent the Industrial Revolution. For their own pieces of art, the children first created a background, using watercolours, before drawing their own buildings, including the many factories and chimneys that covered the skyline. The Year 6 team are incredibly proud of their learning so far and are looking forward to another great term!

**Recommended
Reads From...**



We love hearing about books that you love to read at home! Please share with us any of your recommended children's books, or let us know if you read any of the books shown here, by emailing primary@marineacademy.org.uk or messaging us through our Facebook page.

Books we love in October 2023



Make Tracks: Emergency

Author: Johnny Dyrander

Publisher: Nosy Crow

Interest age: 2-3

Robust, interactive board book on emergency vehicles.



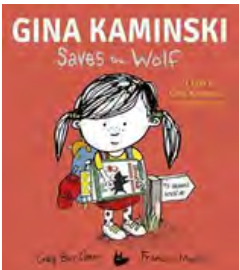
I'm Not Scared, You Are!

Author: Patricia Hegarty **Illustrator:** Thomas Elliott

Publisher: Little Tiger

Interest age: 4-5

Two young children embark on a scary night-time journey in this spooky board book, which contains 24 individual sound-effects. A fabulously frightening tale, perfect for Halloween.



Gina Kaminski Saves the Wolf

Author: Craig Barr Green **Illustrator:** Francis Martin

Publisher: Little Tiger

Interest age: 4-5

Reading age: 6+

Retelling of Little Red Riding Hood with a neurodivergent protagonist.



Suitcase S(witch)

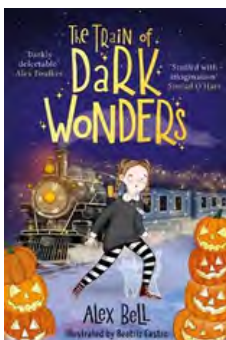
Author: Aisha Bushby **Illustrator:** Coralie Muce

Publisher: Barrington Stoke

Interest age: 6-8

Reading age: 7+

When Zahra accidentally swaps suitcases with a witch, she experiences a weekend of magical surprises, helping her to overcome her fears and form new friendships. A humorous, dyslexia-friendly chapter book, with delightful black-and-white illustrations.



The Train of Dark Wonders

Author: Alex Bell

Publisher: Rock the Boat

Interest age: 9-11

Reading age: 9+

A charming fantasy adventure, in which Bess travels to the Land of Halloween Sweets on a remarkable train meeting a host of peculiar people and creatures including a ghost cat, goblins, miniature mermaids with razor-sharp teeth and a tiny bat called Mish who enjoys swimming in jam.

Recommend a Recipe

We would love it if you could try these recipes at home and send in a picture of you eating the recipe with your families or a food review to primary@marineacademy.org.uk.

Pumpkin Soup



Ingredients

2kg pumpkin

500ml water

8 rashers of rindless
bacon (optional)

2 onions

1 vegetable stock cube

30g sunflower spread

To serve

bread rolls

Method

1. Chop the pumpkin into small cubes.
2. Chop the onion finely.
3. If you are using bacon, cut it into small pieces.
4. Put the sunflower spread into a large saucepan and heat on a medium heat.
5. When sizzling, add the bacon (optional) and fry for a few minutes. Then add the onion.
6. Continue to fry until the onions go transparent.
7. Add the pumpkin and mix well.
8. Add just enough water to cover all the ingredients in the pan.
9. Crush the stock cube and sprinkle into the pan. Bring to the boil.
10. Simmer until the pumpkin goes soft.
11. Blend the mixture.
12. Put the soup back in the pan and reheat.
13. Put into bowls and serve with bread rolls.





SEN SESSIONS

EVERY WEDNESDAY AT 9:30AM AND SUNDAY AT 10.00AM IN THE SCHOOL HOLIDAYS

TEL: 01752 717 567

BOOK NOW

Email: info@clipnclimbplymouth.co.uk



At Clip 'n Climb Plymouth, we passionately share an ethos around inclusion for all, supporting groups and individuals to challenge themselves, and promoting healthy lifestyle activities. We try and support as many people as possible climbing through our regular events, work with charities and groups, and through 1:1 activities.

Every Sunday at 10:00am and every Wednesday at 9:30am during school holidays, Clip 'n Climb Plymouth run a SEN session for those climbers with special educational needs. We provide a calm environment for all members of the family to climb. We turn the music right down if needed, and there are plenty of instructors to help. We also restrict numbers in this session.

Sessions are £8.00 per climber, and your place can be booked in advance through our booking site.

SPORTING EVENTS AROUND THE WORLD THIS TERM

Women's Handball World Cup

Cricket ODI World Cup

Euro 2024 Qualifiers

Tennis Davis Cup

Formula One Grand Prix - Brazil, Las Vegas and Abu Dhabi



ONLINE SAFETY

This month, we will continue to share advice and practical strategies to support your child to be safe online and to ensure that using the internet is a positive experience for them.

If you have any further questions or concerns about e-safety, please contact our Computing leader, Mr Druce, by emailing: primary@marineacademy.org.uk FAO: Mr Druce.

Throughout the first term, e-safety has featured prominently within the children's Computing units. The tips shown below are memorable ways of ensuring they have a positive online experience.



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

By following this link, your child can develop their awareness and understanding of suitable responses to a wide range of challenging scenarios that may be encountered online. It is portrayed through an online world and is highly recommended:

https://beinternetawesome.withgoogle.com/en_us/interland



What Parents & Carers Need to Know about

ROBLOX



Roblox is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a 'sandbox' title, Roblox offers a huge amount of creative freedom; it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

WHAT ARE THE RISKS?

CONTACT WITH STRANGERS

Roblox encourages players to communicate online (including a group chat facility). This could expose children to risks such as scammers, online predators, harassment, griefers and more. The in-game chat has some filters, but isn't perfect: players can still send harmful messages to others – such as general hostility – while predators can reach out to children directly.

PUBLIC SERVERS

Roblox has private or VIP servers which allow people to play exclusively with their friends, but this costs money. Most Roblox players will instead be on public servers that anyone can join. Servers can host games which focus on all kinds of aspects, including direct player interaction. Some games and servers, therefore, will put children more at risk of contact from strangers than others.

ONLINE DATERS

These are also called 'ODers' and are quite common in Roblox. An ODER is an individual who joins a game with the intention of finding someone to date online – and eventually meet in person. Such online dating is against the Roblox community guidelines, but this usually doesn't deter ODERs. Some player-built Roblox game worlds have even been designed with online dating specifically in mind.

IN-APP PURCHASES

Roblox is actually free to download and play, but bear in mind that there are some hidden costs. Players are encouraged to make purchases in the game, for example, using real money. People can also buy extra Robux (the in-game currency) to spend on cosmetic items in the game, and some private or VIP servers also have a cost.

Advice for Parents & Carers

SET PARENTAL CONTROLS

Roblox comes with several parental control options, which are explained well on the game's official website. It's essential to enter the correct date of birth for your child, as that allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set monthly spending restrictions and monitor their child's account.

DISABLE PRIVATE MESSAGING

Roblox's private messaging function raises the risk of children being contacted by people they may not want to speak with – potentially leading to bullying, harassment, toxicity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

PRIVATE SERVERS

If your child has genuine friends who they play Roblox online with, paying for a private or VIP server decreases the risk of contact from strangers. Even then, however, some players could invite other people – who might not necessarily be child friendly – into the private server. If your child is a Roblox fan, it's important to talk with them regularly about who they are playing the game with.

MONITOR SPENDING

If they don't understand they're using real money, it's easy for children to accidentally spend a sizeable amount in the game. Using parental controls to place limits on their spending will help avoid any nasty financial surprises. Ensuring that you have two-factor authentication on your payment accounts also makes it harder for your child to spend money inadvertently.

DEALING WITH STRANGERS

At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about what's OK to discuss – and what they should never tell a stranger online – will help them understand how to communicate with others safely in the digital world.

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



Sources: <https://www.theweekend.com/2020/7/21/2133343/roblox-over-half-of-us-kids-playing-virtual-games-for-real>
<https://corp.roblox.com/parents/>

EMERGENCY FIRST AID ADVICE

If you find yourself in an emergency situation, try to stay calm and do what you can until emergency help arrives.

Assess the situation

- > Is it safe to approach the casualty?
- > Don't put yourself in danger

Stay calm

- > Try to think clearly
- > Comfort and reassure the casualty

Give emergency help

- > Prioritise the most life threatening conditions
- > Try to treat any casualties where you find them
- > Ask bystanders to help you if they can
- > Call 999/112 for emergency help

The Primary Survey

- > Use **DR ABC** to identify life threatening conditions
- > Remember the unresponsive casualties are at greatest risk.

Remember

- D**anger
- R**esponse
- A**irway
- B**reathing
- C**irculation

WHAT TO DO IF SOMEONE IS UNRESPONSIVE

1. Open their airway
2. Tilt head



3. Check for normal breathing for up to 10 seconds



4. If they're breathing normally:

- > Put them in the recovery position
 - > Then call 999/112 for emergency help
- If they're not breathing**
- > Call 999/112 for emergency help
 - > Start CPR.



WHAT TO DO IF SOMEONE IS UNRESPONSIVE AND NOT BREATHING NORMALLY

1. Call for help

- > Tell them to call 999/112 and find an AED



2. Pump

- > Give 30 Chest compressions at a rate of 100-120 per minute



3. Breathe

- > Give two rescue breaths. If unwilling or unable, do chest pumps only



Continue to pump and give rescue breaths until help arrives.

WHAT TO DO IF SOMEONE IS BLEEDING

1. Press it



2. Call 999/112 for emergency help



3. Secure dressing with a bandage to maintain pressure

4. Treat for shock.



WHAT TO DO IF SOMEONE IS IN SHOCK

1. Lie them down

- > Their legs should be raised and supported



2. Call 999/112 for emergency help



3. Loosen any tight clothing

4. Keep them comfortable and warm

5. Monitor their level of response

- > If they become unresponsive prepare to give CPR.

Make sure you have life saving knowledge at your fingertips. Download our free first aid app today.

Learn first aid.

Help save lives.

Be the difference.

sja.org.uk



Should I keep my child off school?



Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Wear Gloves When Holding a Sparkler

Sparklers can heat up to 1600°C, so make sure you are wearing gloves. When a sparkler goes out, give it to an adult to put in a bucket of water to cool.

Keep Pets Indoors

Fireworks can be very distressing for pets, so make sure they are inside with windows closed and curtains drawn to muffle the loud noises.

Never Return to a Lit Firework

If a firework is lit but doesn't seem to be going off, **do not** go near it as it may still explode.

Never Play With or Throw Fireworks

Allow grown-ups to position fireworks safely, pointing away from people, trees and buildings to avoid any accidents.

Stand Well Away

Flames and sparks from a bonfire can be unpredictable, so stay well back to avoid being burned.

Bonfire Night Safety Tips

Only Let Adults Handle Fireworks

It is illegal to carry fireworks in public if you are under 18 years old! Let an adult do the carrying.

Timetable

November

Navy Navy Tots

Every Thursday

0930 - 1100

Crownhill Community
Centre

Building Fun & Food

Monday 6th

1630 - 1830

Radford Community
Centre

Mocktails & Mystery Craft

Monday 6th

1900 - 2100

Radford Community
Centre

Wreath Making

Monday 13th

1900 - 2100

Radford Community
Centre

Messy Fun & Food

Monday 20th

1630 - 1830

Crownhill Community
Centre

Mocktails & Mystery Craft

Monday 20th

1900 - 2100

Crownhill Community
Centre

Wreath Making

Monday 27th

1900 - 2100

Crownhill Community
Centre

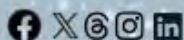
Have a Question?

Contact Letty
letty.jones@aggies.org.uk

079 7764 1906



@AGGIEWESTONS



CHRISTMAS
HOLIDAYS

PREMIER HOLIDAY CAMPS



INSPIRING
ACTIVITY



SCAN HERE FOR
MORE INFORMATION

or visit premier-education.com/holiday-camps

★ Trustpilot 4.7/5



Based on over 19,000 reviews

YOUR NEAREST HOLIDAY CAMP...

Venue: Widewell Primary School

Dates: 20th December - 22nd December

Times: 09:00am - 15:30pm

Ages: 5 Years - 12 Years

Additional info: www.premier-education.com/parent

PLEASE BRING

Plenty of water
Suitable clothing
Loads of energy!

With great value sports, performing arts, and games to enjoy each half term, we have plenty for your children to get stuck into in the school break.

Over the winter break, there will be lots of festive fun to enjoy too.

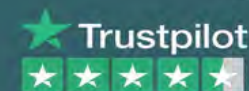
Our Holiday Camps keep children entertained, safe & on the move during the school holidays.

Book now for a school holiday full of fun!



SCAN HERE FOR
MORE INFORMATION

or visit premier-education.com/holiday-camps



Based on over 19,000 reviews



Warm Hub
Free community activities
November

14/11/23

**Chocolate cake
bake 10am**

21/11/23

**Wellbeing event
10-2pm**


28/11/23

**Chutney making
session 10am**

St Budeaux & Barne Barton wellbeing HUb
6 Shelly Way, St Budeaux, PL5 1QF

To book Tel: 07890 257 649

Email: wellbeinghub@colebrooksw.org

Find us on face book  St Budeaux and barne barton wellbeing hub

**St Budeaux and Barne Barton
Wellbeing Hub**





Write To Santa



Send your letter to arrive by Thursday 30th November and don't forget to include your stamp on the envelope!



- Write Santa's address carefully on the envelope
- Put a stamp on the envelope so it gets to Santa
- Include your full name and address in your letter



Santa

Santa's Grotto
Reindeerland
XM4 5HQ

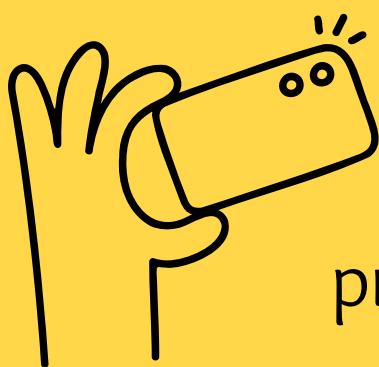
Sion Corn

Ogof Sion Corn
Gwlad Y Ceirw
XM4 5HQ

Braille replies can be arranged by customers emailing santamail@royalmail.com or by writing to the usual address.

**Santa Starts Replying From
Monday 20th November**

www.royalmail.com/christmas/letters-to-santa



If you do this with your child, please do send us a photo to primary@marineacademy.org.uk.



Wellbeing Event

ST BUDEAUX & BARNE BARTON WELLBEING HUB
6 SHELLY WAY, ST BUDEAUX, PL5 1QF

Tuesday 21st November 10am-2pm

Promoting & connecting communities
to city wide services


Your wellbeing matters

Refreshments available to purchase on the day

Contact us via

Tel: 01752 211247

Email: wellbeinghub@colebrooksw.org

Find us on face book  St Budeaux and barne barton wellbeing hub





PLYMOUTH
CITY COUNCIL

Cost of living

Help IN Plymouth

We know that the rising cost of living is a real worry for hard-working and struggling households in Plymouth and across the country as a whole. We have created our cost of living hub to make it as easy as possible to find help with rising bills and costs.

Here you will find signposts to the help that's on offer - from financial support including information about benefits or help with budgeting, to where to go to get help with gas and electricity bills.

Our hub also includes information on help with Council Tax, housing costs and support with food costs, as well as how to contact voluntary organisations working across the city.

Remember - if you are struggling, you are not alone and there is no shame in asking for help. Everyone needs a little bit of extra support at some point in their lives.

The Council has launched a new, city-wide [Cost of Living Plan](#) which outlines how residents will be supported throughout the crisis.



[Financial help and advice](#) >

Information about benefits, budgeting, debt and scam advice



[Help with energy costs](#) >

Find out about the help available if you are worried about energy bills



[Free things to do in Plymouth](#) >

Free things for everyone to enjoy in Plymouth



[Help with food costs](#) >

Organisations that can help if you need support feeding your family or yourself



[Household Support Fund](#) >

Extra support with food and energy bills available for Plymouth households



[Help for families](#) >

If you have children and are struggling, make sure you are claiming all the support available to you



[Mental health support](#) >

Services and organisations are here to help if you are struggling and need support



[Housing costs, bills and homelessness support](#) >

Help available if you're struggling with housing costs and bills, or are at risk of becoming homeless



[Employment and skills support](#) >

Support for learning new skills, or help to find a new job



[Welcoming spaces](#) >

Welcoming places in Plymouth you can visit



[Guidance for employers](#) >

Plymouth Charter's toolkit with actions for employers to support employees