

MARINE ACADEMY PRIMARY NEWSLETTER



January 2024



'Where stars shine brighter'

...providing an outstanding education that ensures all pupils reach their greatest potential and live by life's highest values.

Dear Parent/Carers of Marine Academy Primary pupils,

January was a busy, eventful and fun filled month packed with learning and opportunities! Our mission is to provide an outstanding education that ensures all pupils reach their greatest potential and live by life's highest values. This means to us that we provide our children with a transformational education, in addition to having high expectations for exemplary manners and kindness. Our Ted Wragg Curriculum aims to provide children with a range of events and experiences for your children to take part in and further develop as learners. In conjunction with this, we are really excited to plan a range of activities for the children to complete and take part in that links to their curriculum learning. We carefully plan curriculum experiences that enrich every stage of your children's education, ensuring they spend the appropriate amount of time learning each particular area of the curriculum but still accessing a wide range of activities that will develop their knowledge, cultural capital and personal development.

This month, we have had children taking part in Boccia events, Netball and football tournaments, visiting Launceston castle and trips to Theatre Royal Plymouth, to name just a few! We hope that you develop a feel of that throughout our newsletters, as teachers continue to write short paragraphs full of information about the goings on in each year group, but also through our Facebook page.

This month also saw our Hot Chocolate Friday revamp. #TeamMarine have been studying Paul Dix's book 'When the Adults Change' and ensuring Hot Chocolate Friday continues to be a way to celebrate impeccable behaviour. Smaller groups of children, in a quieter setting allows us to engage fully with children and hear about their week. Children are also able to still enjoy their Positive Behaviour Time in class before or after too.

Finally, #TeamMarine wished Mrs Brenton farewell for her maternity leave, and welcomed Mrs Clarke in to our Pre-School team for this time. We are all very excited to hear about the newest arrival. Thank you, as always, for your continued support and for being such brilliant advocates of the Academy.

Yours Sincerely,

Mrs. Georgina Reid and Mrs. Nicola Keeler
Co-Headteachers



DATES FOR YOUR Diary

Thursday 1st February - Class 3CC Shang Dynasty Day

Friday 2nd February - Class 3CW Shang Dynasty Day

Friday 2nd February - Last day of Extra-Curricular Clubs for Term 3

Friday 2nd - Monday 5th February - Year 6 Paris Residential

Tuesday 6th February - Safer Internet Day

Wednesday 7th February - Conversation Cafe: Early Maths Skills

Wednesday 7th February - Year 6 Faith Trail trip

Friday 9th February - Last day of Term 3

Monday 19th February - First day of Term 4; Extra-Curricular Clubs begin again

Wednesday 21st February - Academy Parliament Trip to the Council Chambers

Tuesday 27th February - Years 1 and 3 Ocean City Tour bus trip

Monday 4th - Friday 8th March - Book Fair in the Primary foyer

Wednesday 6th March - Conversation Cafe: Big Emotions and Feelings

Wednesday 6th March - Class 5LG Climate Change workshop

Thursday 7th March - World Book Day - children are invited to wear their pyjamas to school on this day.

More information will be sent out soon.

Monday 11th - Friday 28th March - Year 5 swimming lessons

Friday 15th March - Comic Relief

Tuesday 19th March - Year 1 trip to Buckfast Abbey

Wednesday 20th March - Class 5JU to take part in a climate change workshop

Thursday 21st March - Class 5LG to take part in a climate change workshop

Friday 22nd March - Last day of Extra-Curricular Clubs for Term 4

Thursday 28th March - Last day of Term 4

Friday 29th March - Good Friday Bank Holiday

Sunday 31st March - Easter Sunday

Monday 1st April - Easter Monday Bank Holiday

Monday 15th April - First day of Term 5; Extra-Curricular Clubs begin again

Monday 29th April - Year 2 and 5 Fire Safety Talk

Monday 6th May - Bank Holiday: School Closed

Monday 13th - Thursday 16th May - End of Key Stage 2 Assessment Week

Friday 17th May - Last day of Extra-Curricular Clubs for Term 5

Friday 24th May - Last day of Term 5

Monday 27th May - Bank Holiday

Tuesday 4th June - First day of Term 6; Extra-Curricular Clubs begin again

Tuesday 11th June - Whole School 'Dream Big' day

Wednesday 26th - Friday 28th June - Forest and Beach Residential

Friday 12th July - Last day of Extra-Curricular Clubs for Term 6

Thursday 18th July - Last day of Term 6

YEAR GROUP NEWS

A short term, but it's still full of learning!

Pre-School

Puffin and Penguin children have had an excellent start to the year! We have welcomed new friends and we have enjoyed learning all about bears in our topic 'What is in the Woods?' The children are loving the stories, 'Goldilocks and Three Bears', 'The Gruffalo' and 'We're Going on a Bear Hunt'. They have made Gruffalo craft paper plates and used different story sack items to retell the stories.

During Independent Learning Time, they have been practising their Fine Motor Skills, and in P.E the children have been improving on their ball skills.

In Maths, we are looking forward to diving more in depth, around the numbers 6-10. The Pre-School children are great with the Nursery Rhymes in Phonics, and starting to become more confident with rhyming words.



Reception

Reception have been fantastic this term in all areas of their learning. This term during Phonics, we have been reading much longer sentences, spelling three words and have even been starting to spell tricky words (words that can't be sounded out.)

We have learnt about a range of texts including Mr Gumpy's Motorcar and The Runaway Train. The children have learnt these stories brilliantly and have been able to confidently retell them to adults and peers.

The children have persevered brilliantly with Maths this term, as we have been learning about part part whole and even inverting these amounts! We have been so impressed with their continued willingness to learn. We are so excited for next term and can not wait to continue to watch the children thrive!



Nursery

It has been wonderful to welcome everyone back after the Christmas break and begin our new topic 'Twinkle, Twinkle Little Star'. The children have enjoyed decorating the worlds from the rhyme with their fingers and ink pads. They have colour matched diamonds, hunted for stars in the porridge oats and jumped along the numbered stars on the floor. The children have enjoyed welly walks to visit the rabbits and chickens, and visited the Library.

We are looking forward to practising our balance next week by walking along the lines of stars and diamonds and becoming more familiar with the rhyme and the actions.



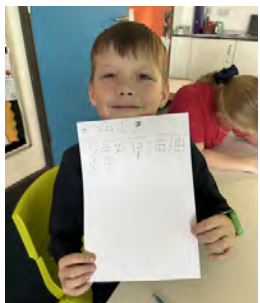
Year 2

The Year 2 team are incredibly proud of the progress they have made this term, particularly in their History knowledge and reading! During Maths, this term the children have really enjoyed learning about 2D and 3D shapes and they are currently learning about money. In English, we have been learning all about a range of fairy tales, whilst having a real focus on the text ‘Mixed Up Fairy Tales’, by Hilary Robinson. We were blown away by the high standard of writing shown when the children created their own mixed up fairy tales – they were superb! The children in Year 2 have been incredibly focused and enthusiastic when learning all about the Great Fire of London. We have been so impressed with their knowledge retention and all the facts that they have learnt! The children are very excited about using this knowledge and turning it into a news report next week. As always, the children have shown incredible manners and have shown that Marine Academy Primary are full of superstars! Thank you for your continued support this year.



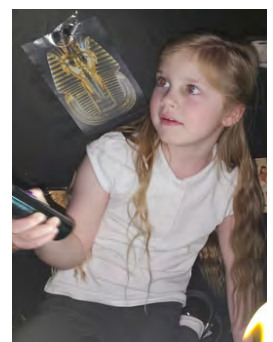
Year 3

The start of a new year and Year 3 have engaged excellently with all of their new topics. Firstly, the children have enjoyed exploring the Shang Dynasty in China, learning all about ancient civilisations and how the Shang Dynasty started. The children have made fantastic links to their previous History topic of Prehistoric Britain to do this. To strengthen the children's knowledge of the Shang Dynasty, both classes experienced some Chinese culture through playing ancient games, trying writing and some Chinese maths. In Science, we have been investigators of light sources and how light is able to reflect from different surfaces. So far, the children have explored different surfaces and materials within the classroom and made predictions about whether light would reflect or not. In Maths, the children have used their times table knowledge to calculate multiplication and division problems. Lastly, in SMSC, the children enjoyed learning about real and fake news. The children looked at many different news articles and had to decide whether they thought the article was either real or fake.



Year 1

The children in Year 1 have had a fantastic start to 2024! This term, the children have enjoyed becoming historians and finding out lots of facts about Ancient Egypt. They have built up lots of knowledge about how Ancient Egyptians lived, why the River Nile was important and learnt facts about the life of the pharaoh, Tutankhamun. The children are looking forward to demonstrating what they have learnt when they write a fact file about Ancient Egypt at the end of term. As part of the children’s English learning, they have been reading, ‘Creature Features’. The children explored the features of an information text before having a go at writing their own information page all about the River Nile. The children have also been developing their mathematical skills brilliantly this month. They have been using number lines to help them find one more or one less of a given number and have been having a go at adding two-digit and one-digit numbers together. In SMSC learning, we have been talking about how to live a healthy lifestyle. They have talked about the food they eat, the exercise they undertake and how bedtime routines are important. This month, the children have also displayed good scientific understanding in their Science lessons. They had a go at sorting materials into categories and talked about the dangers of dropping rubbish near the sea. The Year 1 team are proud of how hard the children have worked so far this term and are looking forward to the second half of Year 1.



Year 4

Year 4 have had a fantastic start to 2024! They have embraced their learning and, despite Term 3 being short, have made amazing progress in all their topics! There have been many highlights including their Anglo-Saxons History topic, where they gained an insight into where the Anglo-Saxons came from, how they lived and their social hierarchies including how they were ruled. The children enhanced this by increasing their local history facts and making links to their previous Geography learning.

In English, the children have researched and written their own information piece about influential people, following on from studying their text 'Fantastically Great Women Who Changed The World'.

In Maths, Year 4 have completed their Multiplication and Division unit, where they progressed to multiplying and dividing a 3-digit number by a 1-digit number. In RE, Year 4 have been learning about how followers of Islam follow the Quran, what prayer means to them and how they pray. This knowledge has been boosted by the daily reading of 'Planet Omar' in Whole Class Reading.

The children have enjoyed their Science topic 'States of Matter' and are now able to identify the particles and properties of solids, liquids and gases. Well done to all Year 4 children for their dedication making it another successful month!



Year 5

Year 5 have had a super start to 2024! They have enjoyed an enriching experience to Launceston Castle, where they furthered their History learning about medieval monarchs and had a fantastic experience! The children explored a wordless book called 'Flood' and have produced some incredible final writes, where they have included personification, 'show not tell' and multi-clause sentences.

In Maths, Year 5 have been practising using column multiplication and applying this method to answer a variety of word problems. Harry Potter and the Philosopher's Stone has been well received in Whole Class Reading with the children showing some excellent comprehension skills.

The children have really enjoyed their Computing learning, where they have been programming micro-controllers called Crumbles, ensuring that sparkle lights and motor wheels can be operated. In Science, they have learnt about magnetism, where they have enjoyed some investigations about how strong the magnetical force is.



Year 6

What a fabulous start to 2024 Year 6 has had. The children have returned to school with a great attitude to learning and have dived straight into their History topic, Civil Rights, with great enthusiasm. In English, the children have already explored one English text, 'The Arrival', by Shaun Tan, which is a wordless picture book and the writing produced, as a result, has been extraordinary! Despite it being a short term, we have also started to look at the book, 'Talking History: 150 Years of Speakers and Speeches', which has inspired the children to write their own inspirational speech about their own hopes and dreams for the world we live in. The children have covered many Maths topics this term and the adults are particularly impressed with the vast improvement of their times table quickness. Science has been a chemistry related topic, where the children have looked at the physical and chemical changes in particles, developing an understanding in key vocabulary such as: soluble, insoluble, solute, solvent and impurities.

With just over a week before the end of the term, we look forward to finishing and sharing our Artwork and taking part in the Faith Trail to enhance our RE learning.



In Other

NEWS

Reception had a brilliant experience on their train trip this month! The children were lucky enough to receive their own special ticket when they boarded the train and were met by the station manager at Plymouth Station. They had a tour of the station and even got to meet 'Duffy' the driver from their story the 'Runaway Train'. He told the children all about the different vehicles and modes of transport that he used in order to try and catch up with his train.



As part of National Storytelling Week, some of the classes buddied up to share stories together.



All children enjoyed sharing books and having a great discussion about them!



This week in Starfish assembly, we had Ella recommending Diary of a Wimpy Kid: The Long Haul. Ella said that it was a fun read that made her laugh. We also had Mitchell recommending Recon Academy: Shadow Cell Scam. Mitchell said it was an exciting story and he liked it because it's like a comic.

Thank you to both of these super readers for their recommendations!

We were so proud that Marine Academy Primary was featured four times in the Plymouth Chronicle earlier this month, including on the front page!

The articles are all about us supporting our local food bank, the new 3G football pitch, our platinum Artsmark award celebrating our arts rich curriculum and last year's SATs results!



We are so proud of Amy in Year 5 who performed in the Goldilocks and the Three Bears pantomime at the Theatre Royal.

What special memories you have made and we all loved spotting you during the performances!



Thank you so much to everyone who was able to donate to Four Greens Community Trust's 50,000 Tin Appeal.

We are always blown away by your generosity and support whenever we are fundraising. This is such a great cause and we look forward to continuing to support their work.

Recommend a Recipe

We would love it if you could try these recipes at home and send in a picture of you eating the recipe with your families or a food review to primary@marineacademy.org.uk.

Veggie Pasta (serves 4)

Cost:
£1.53

This can be used in a lunch box with fruit and other snacks.

Ingredients

- 4 handfuls of pasta - 97p
- 1 handful of frozen cauliflower - 11p
- 1 handful of frozen peas - 8p
- 1 handful of frozen sweetcorn - 7p
- 2 handfuls grated cheese - 30p

Top Tip: If you have other leftover meat or vegetables, add these to the mix.



Method:

1. Boil a kettle of water. Once it's boiled, add it to a pan of pasta.
2. Place over a medium heat
3. Cook the pasta until it goes tender, then remove from the heat and drain.
4. Place in a bowl and add a dash of oil to stop the pasta from sticking (stir occasionally).
5. Using the same pan, cook the vegetables until they're just becoming tender.
6. Once cooked, drain and add to the pasta, stir well to make sure that it's all mixed.
7. Leave until it's cold. Meanwhile, grate the cheese.
8. Add the cheese to the other ingredients.



What will you do this school holiday?

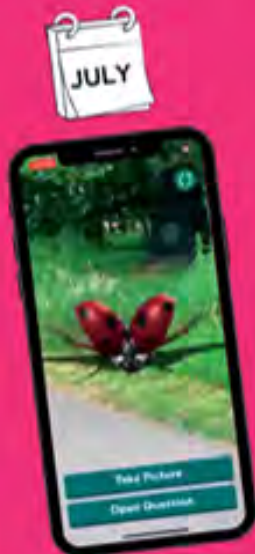
DO YOU LOVE EXPLORING?

Then download the Love Exploring App for fun games and activities to enjoy in the park.

SOMETHING NEW EVERY SCHOOL HOLIDAY



Dinosaur Safari



Mega Mini Beasts



Tree Fairies



Butterflies & Moths



Halloween Dancers

Scan this QR Code

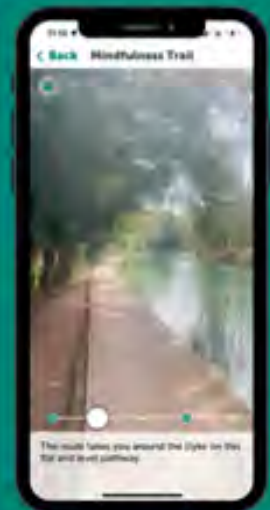


or search for Love Exploring in your App Store



Guided Trail Routes

As well as the games, there are guided trails that tell you about the things you see or give you things to do along the way, like this Mindfulness Trail at Central Park.





ONLINE SAFETY

This month, we are providing further advice and strategies to support your child to have a positive experience online.

If you have any further questions or concerns about e-safety, please contact our Computing leader, Mr Druce, by emailing: primary@marineacademy.org.uk FAO: Mr Druce.

E-SAFETY WORKSHOP

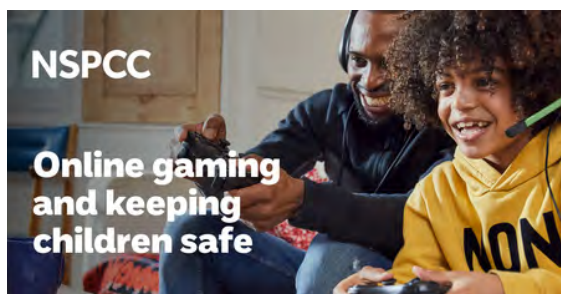
On Thursday 8th February, Mr Druce will be holding an E-Safety workshop in the MULA from 2.30pm - 3.00pm. Following on from Safer Internet Day, this will consist of providing some tips and resources to support your child with their online experience and to enable you to risk assess specific sites. Parents/Carers of children in all year groups are warmly invited. Please respond to this [form](#) if you would like to attend.

Safer Internet Day - Free Advice for Parents and Carers



The UK Safer Internet Centre and NSPCC have some great information online to help support parents and carers with keeping their children safe online. Please visit the Safer Internet Centre page [here](#) and the NSPCC website [here](#). They provide information on the risks and also how to tackle difficult conversations about e-safety, with some useful Frequently Asked Questions.

ONLINE GAMING FESTIVAL



As part of this festival, there will be a webinar to help you understand how children game online, assist you with learning about tools and resources that support game play, as well as gain important knowledge to help keep children safe.

Please sign up via this link: https://www.emma-live.com/GameSafe/purchase_tickets

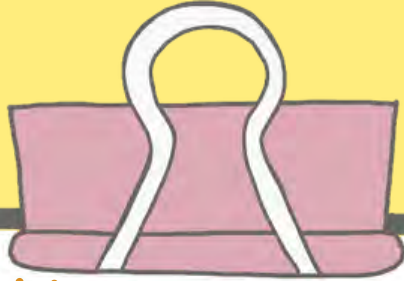
Interland



This is an engaging game for children that shares some important principles of online safety. It covers the four pillars of Be sharp - Be Secure - Be Alert - Be Kind.

It can be accessed here:

https://beinternetawesome.withgoogle.com/en_us/interland



IMPORTANT

REMINDERS



Please remember that pet dogs are not allowed on our school site.

Please note that our After School Club closes at 6pm each day. If you are late to collect your child there will be an additional £10 charge for this.





DOWNLOAD THE  APP TODAY

The HANDi Paediatric app gives up-to-date advice about common childhood illnesses and how to treat them. Developed by NHS organisations in Devon, the HANDi Paediatric app is available to download for free onto any Apple or Android smartphone or tablet. It has been designed to help reduce the number of children and young people who visit A&E, but need no treatment. You can download this app on android or apple smart phone devices or tablets.

We are able to give children medicine, such as Calpol, if they are under the weather but can be in school.



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.

NHS

NEW PHARMACY FIRST SERVICES

AVAILABLE WITHOUT
PRESCRIPTION

- sinusitis
- sore throat
- earache
- infected insect bite
- impetigo
- shingles
- uncomplicated urinary tract infections in women



St Budeaux Library



Wellbeing drop in

Thursday 1/2/24 9-11am

Thursday 7/3/24 9-11am

Thursday 18/4/24 9-11am

Finding the right kind of services that we need can be time consuming and confusing.

Come in and see the wellbeing advisor who can help you to find information, signpost, and make referrals to organisations who can support you.

St Budeaux and Barne Barton
Wellbeing Hub



NHS

Devon

St Budeaux Wellbeing Hub



Funded by



CLARION
FUTURES

William Sutton Hall
6 Shelley Way
St Budeaux
PL5 1QF

Wellbeing Warm Space & Cafe

Tuesdays 9am-1pm

Wellbeing Cafe

cash only

Thursdays 9am-1pm

Activities

Arts & Crafts

Games

Table Tennis

**Sign posting &
Advice**



07890 257 649



wellbeinghub@colebrooksw.org



St Budeaux and Barne Barton wellbeing hub

St Budeaux and Barne Barton
Wellbeing Hub



NHS

Devon

Your
wellbeing
matters



WORKSHOP

Do you need some help and support to **understand your child's needs** and behaviour?

Join us in a free 2-hour workshop

How to understand and support my child's communication- January 18th
9.30-11.30

How to use visual resources to support my child's communication-
January 25th 9.30-11.30

How to understand and support my child's behaviour-
February 1st 9.30-11.30

How to use visual resources to support my child's behaviour- February
8th 9.30-11.30

How to understand and support my child's social skills and play-
February 22nd 9.30-11.30

How to use rewards and incentives with my child with SEND- February
29th 9.30-11.30

Running face to face
Register NOW!

[Workshops - Plymouth Information Advice and Support for SEND.
\(plymouthias.org.uk\)](http://plymouthias.org.uk)



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Latch on  Rees - 1 - 2.30pm</p>	<p>Latch on  High View - 10.00 - 11.30 (Term time ONLY)</p>	<p>Latch on  Nomony - 1 - 2.30pm</p>	<p>Latch On  Plymbridge - 1 - 2.30pm (Term Time ONLY)</p>	<p>Latch On  Fourwoods - 10-11.30am</p>
<p>Step by Step The Barn 9.30-10.30am & 10.45-11.45am</p>	<p>Chatterbox with baby weigh Plymstock - 10 - 11.30am</p>	<p>PEEP School Readiness Highview 10th January - 7th February 9.30-10.30am</p>	<p>Multicultural Group for 0-5 years old Onward House 9.30 - 11am</p>	<p>Chatterbox with baby weigh Tothill Community Centre 10 - 11.30am</p>
<p>Chatterbox with baby weigh Southway Church of the Holy Spirit, Clittaford Rd, PL6 6EJ 10-11.30am</p>	<p>Step by Step Nomony 9.30-10.30 & 10.45- 11.45am</p>	<p>Twins Group 2nd & 4th Wednesday every month Rees, 10-11.30am</p>	<p>Step by Step Whitleigh 9.30-10.30 & 10.45- 11.45am</p>	<p>Chatterbox with baby weigh Fourgreens Whitleigh 10-11.30am</p>
<p>Chatterbox with baby weigh Rees 1-2.30pm</p>	<p>Baby & Me Fourwoods 10-11am</p>	<p>Step by Step High View 1.45-2.45pm</p>	<p>Baby & Toddler Mainstone 9.30-11am</p>	<p>Chatterbox with baby weigh The Barn 10-11.30am High View - 9.30 - 11am</p>
<p>Chatterbox with baby weigh Rees 1-2.30pm</p>	<p>★ Baby First Aid 10-12pm 9th January Fourwoods 16th January Rees 6th February Plymbridge 12th March Highview</p>	<p>Chatterbox with baby weigh Honicknowle 1 - 2.30pm Compton Church 1 - 2.30pm</p>	<p>Chatterbox with baby weigh The Barn 10-11.30am High View - 9.30 - 11am</p>	<p>★ Bookable Courses</p>
<p>Family Hub Drop In Central Methodist Church, City Centre, Fortnightly 1.45 - 3pm from 16th January</p>	<p>Service Family Group Plymstock - St Marys Church Hall 1 - 2.30pm - Term time only</p>	<p>Baby & Me Plymbridge - 1.30 - 2.30pm</p>	<p>Baby & Me Plymbridge - 1.30 - 2.30pm</p>	<p>★</p>
<p>Believe in children Barnardo's</p>	<p>Service Family Group Plymstock - St Marys Church Hall 1 - 2.30pm - Term time only</p>	<p>Baby & Me Plymbridge - 1.30 - 2.30pm</p>	<p>Baby & Me Plymbridge - 1.30 - 2.30pm</p>	<p>★ SPRING CITY WIDE TIME TABLE 8TH JANUARY - 29TH MARCH 2024</p>

Children's Appointments!

NHS

SpaDental South-West

SpaDental Plymouth and SpaDental Saltash
invite children under 12 years of age for
NHS appointments.

Book an appointment today!

Help your child keep healthy teeth for life.



To book an appointment, or for more information, please scan the QR code or visit the link:

<https://www.spadental.co.uk/for-patients/spadental-south-west-children/>

to complete the "contact us" form.

SpaDental Plymouth: Entrance rear of 2 Hyde Park Rd, Mutley, PL3 4RJ

SpaDental Saltash: 77 Fore St, Saltash, PL12 6AF



FAMILY HELP AND INFORMATION LINE

Need help or advice about your own family?

Are you a practitioner who wants to get some advice about a family you are working with?

Get in touch using our new Early Help and SEND advice line.

Our Family Support Workers are here to talk about any worries or answer your questions.

We can offer support around:

- Parenting guidance
- Emotional wellbeing
- Social and emotional development
- Relationship worries
- Education worries
- School attendance
- SEND concerns
- The SEND process



Book a conversation now at www.plymouth.gov.uk/familyhelp

FOOTBALL AT MARINE ACADEMY PLYMOUTH



COMMUNITY PROGRAMME

SESSION	SCHOOL YEAR	DAY / TIME	FACILITY
Mini Kickers	Reception Year 1	Friday 4.30-5.30pm Friday 5.30-6.30pm	Sports Hall Sports Hall
Total Football	Year 2	Monday 5-6pm	Sports Hall
Hot shots	Year 3/4	Monday 6-7pm	Sports Hall
Monday Night Football	Year 5/6	Monday 5-6pm	3G (Moulded Boots)
Girls Wildcats	Year 3/4/5/6	Friday 6-7pm	3G (Moulded Boots)
Squad Girls	Year 7/8	Friday 6-7pm	3G (Moulded Boots)

DBS & Qualified FA Coaches
Pathways into Marine Academy Plymouth FC
Only £3 per session
Places need to be booked
Everyone welcome

For further information email:
darren.stewart@marineacademy.org.uk
 Tel: 01752 213951

Please ring a family
hub (01752
366795/261844) to
book a space

FREE
ENTRY

JOIN US FOR

HALF TERM FAMILY FUN DAYS

Monday 12th Feb
Highview primary
Tuesday 13th Feb at
Fourgreens wellbeing hub
Wednesday 14th Feb at
Honicknowle youth
centre
Thursday 15th feb at
Rees wellbeing hub
10-12.30pm 0-11years



Please follow us on Facebook:
Barnardosplymouth





University
of Exeter

For more information please contact
Phoebe Keast or Monica Kitchen at
pk414@exeter.ac.uk or mk721@exeter.ac.uk

Diet of Parents with Children who have Autism Compared to Parents with Typically Developing Children within the UK

We are looking for both parents/carers who have children with autism along with
parents/carers who have typically developing children

What would you have to do?

There will be a microsoft forms for
parents/carers to fill out which will include:

- Food frequency questionnaire
- Height and weight
- Age and gender
- Additional information related to your diet

What would you gain?

Our study wants to focus on the diet of parents who have
children with autism and compare this to parents with
typically developing children.

The purpose of this is to see if food avoidances commonly
found in children who have autism impact their parent's
diet.

Due to the surveys being anonymous individual feedback
isnt possible however, you could contact us from May
2024 if you would like to know the main overall findings.

<https://forms.office.com/e/Exyq7AvqRg?origin=lprLink>

REQUIREMENT

- Have a child 18 or under

