



the
university
school



the
university
school



Marine Academy Plymouth

Relationships and Sex Education Policy

Marine Academy Plymouth

MARINE ACADEMY PLYMOUTH POLICIES

VERSION CONTROL SHEET

POLICY NAME: Relationships and Sex Education Policy

Policy Prepared by: Helen Mathieson

Document date	Filename	Mtg submitted	Summary of changes required
01-09-10		July PSG	New policy
01-09-11	Review		
01-09-12	Review		No change
10-06-15	Review	Student Welfare Committee	Minor changes

Marine Academy Plymouth

Principle

Sex Education should be available for all students in accordance with section 241 of the 1993 Education Act.

Aims

To present Relationships and Sex Education to our students in such a manner as to encourage them to have due regard for moral, cultural, mental and physical development, the importance of marriage for family life, loving and stable relationships, respect, love and care. To teach about sexuality and sexual health.

Relationships and Sex Education will be taught as part specialised sessions and drop down days delivered by specialists and teachers. This will enable the teaching of Relationships and Sex Education to show progression between KS3 (years 7,8 and 9) and KS4 (years 10 and 11) and enable the staff to be aware of the needs of students of different age groups. Information will be provided which is relevant and appropriate to the age and maturity of the students.

What the Academy will do:

1. Include Relationships and Sex Education as part of the Academy Curriculum in addition to the Sex Education elements, which are statutory requirements of the National Curriculum.
2. Deliver Relationships and Sex Education as a cross-curricular topic to all students through a range of subjects. Visual and verbal presentations will provide factual information. Visiting speakers will sometimes be involved in the lessons. Discussions, where appropriate, will take place to amplify and clarify various aspects, especially those concerning interpersonal relationships and self-esteem.
3. The Relationships and Sex Education programme will be taught in the context of relationships. In addition, Relationships and Sex Education will promote children's self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, Academy, work and in the community.

Marine Academy Plymouth

4. Make copies of the policy available for inspection (at all reasonable times) by parents / carers of registered students at the Academy and provide a copy, free of charge, to any such parent / carer on request and inform parents / carers of students currently at the Academy about the Relationships and Sex Education arrangements.
5. Enable parents / carers to have the right to withdraw their children from any or all parts of the Academy's programme of Relationships and Sex Education, other than those elements, which are required by the National Curriculum Science Order. Parents / carers will not have to give reasons for their decision, nor will they have to indicate what other arrangements they will make for providing Sex Education for their children. Once a request that a child be excused has been made, that request will be complied with until the parent / carer changes or revokes it. It will be the responsibility of the Principal to ensure the supervision of withdrawn students.

This policy should be read in conjunction with the government response to the SRE review (October 2008) and will be reviewed to comply with the legislation that requires all pupils to receive SRE education from 2010.

Teaching outcomes

By the end of Key Stage 3 students will be able to:

- manage changing relationships
- recognise risk of personal safety in sexual behaviour and be able to make safe decisions
- ask for help
- explain the relationship between their self-esteem and how they see themselves
- develop skills of assertiveness in order to resist peer pressure and stereotyping
- see the complexity of moral, social and cultural issues and be able to form a view of their own
- develop good interpersonal skills to sustain existing relationships as they grow and change and to help make new relationships.
- be respectful of the diversity of personal, social and sexual preferences in relationships

Marine Academy Plymouth

- develop empathy with the core values of family life in all its variety of forms recognise the need for commitment, trust and love in meaningful relationships which may manifest themselves in a variety of forms, including marriage
- recognise the stages of emotions in relation to loss and change caused by divorce, separation and new family members and how to manage their feelings positively.

Students will know and understand:

- that fertilisation in humans is the fusion of a male and female cell
- the physical and emotional changes that take place during adolescence
- about the human reproductive system, including the menstrual cycle and fertilisation
- how the foetus develops in the uterus
- how the growth and reproduction of bacteria and replication of viruses can affect health
- how the media influence understanding and attitudes towards sexual health
- how good relationships can promote mental well-being
- the law relating to sexual behaviour of young people
- the sources of advice and support
- about when and where to get help.

Students will have considered:

- the benefits of sexual behaviour within a committed relationship
- how they see themselves affects their self-confidence and behaviour
- the importance of respecting difference in relation to gender and sexuality
- how it feels to be different and be discriminated against
- issues such as the cost of early sexual activity

Marine Academy Plymouth

- the unacceptability of prejudice and homophobic bullying
- what rights and responsibility mean in relationships.

By the end of Key Stage 4 students will be able to:

- recognise the influences and pressures around sexual behaviour and respond appropriately and confidently seek professional health advice
- manage emotions associated with changing relationships with parents and friends
- see both sides of an argument and express and justify a personal opinion
- have the determination to stand up for their beliefs and values
- make informed choices about the pattern of their lifestyle which promote wellbeing
- have the confidence to assert themselves and challenge offending behaviour
- develop qualities of empathy and the ability to respond emotionally to the range and depth of feelings within close relationships
- work co-operatively with a range of people who are different than themselves.

Students will know and understand:

- the way in which hormonal control occurs, including the effects of the sex hormones, some medical use of hormones including the control and promotion of fertility
- the defence mechanisms of the body
- how sex is determined in humans
- how HIV and other sexually transmitted infections affect the body
- the link between eating disorders and self-image and sexual identity
- the risks of early sexual activity and the link with the use of alcohol

Marine Academy Plymouth

- how the different forms of contraception work and where to get advice
- the role of statutory and voluntary organisations
- the law in relation to sexual activity for young people and adults
- how their own identity is influenced by both their personal values and those of their family and society
- how to respond appropriately within a range of social relationships
- how to access the statutory and voluntary agencies which support relationships in crisis
- the qualities of good parenting and its value to family life
- the benefits of marriage or a stable partnership in bringing up children
- the way different forms of relationship including marriage depend for their success on maturity and commitment.

Students will have considered:

- their developing sense of sexual identity and feel comfortable with it
- how personal, family and social values influence behaviour
- the arguments around moral issues such as abortion: contraception and the age of consent
- the individual contributions made by partners in a sustained relationship and how these can be of joy and benefit to both
- the consequences of close relationships including children and how this will create family ties which impact on their lives and those of others.

Assessment, Recording and Reporting

Student's work and progress is assessed in line with the Academy policy on Assessment Recording and Reporting.

Evaluation

Marine Academy Plymouth

The delivery of Relationships and Sex Education will be monitored and the schemes of work will be reviewed and updated as appropriate on a yearly basis after consultation with teachers of this cross-curricular subject . We will gather student feedback from any outside agencies used to assess the effectiveness of the impact of the sessions.

Appendix A

CONFIDENTIALITY IN RELATIONSHIPS AND SEX EDUCATION LESSONS

(There is a detailed Confidentiality policy available).

Confidentiality on the classroom

The classroom is a public place and confidentiality cannot be maintained. 'Ground rules' for Relationships and Sex education lessons should be negotiated with students well in advance, including the key rule 'no-one will be expected to ask or answer any personal questions'. Situations and issues should be discussed using 'distancing' techniques of role play and hypothetical but authentic scenarios.

Staff have Child protection annually to ensure that they are well placed to handle any safeguarding issues that may arise.

Marine Academy Plymouth

The Academy's designated child protection officer is;

Mr M. Bindon, Assistant Vice Principal

Appendix B

WITHDRAWAL FROM RELATIONSHIPS AND SEX EDUCATION LESSONS (OTHER THAN NATIONAL CURRICULUM SCIENCE)

NAME OF STUDENT :

TUTOR GROUP :

DATE OF PARENT'S / CARER'S REQUEST FOR WITHDRAWAL :

SUBJECTS INVOLVED :

Page 9 of 10

Marine Academy Plymouth

ANY SPECIAL COMMENTS BY PARENTS / CARERS TO BE MADE KNOWN TO TEACHING STAFF (N.B. PARENTS / CARERS DO NOT NEED TO STATE THEIR REASONS FOR WITHDRAWAL) :

SIGNATURE OF PARENT / CARER :

SIGNATURE OF INTERVIEWER :

SUBJECTS AFFECTED WITH TIMES :