

Physical Education Policy

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MARINE ACADEMY PRIMARY POLICIES

VERSION CONTROL SHEET

**POLICY NAME: Physical Education Policy**

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04-12-15	Physical Education Policy	TBC	New policy

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## Physical Education Policy

### Our Physical Education Aim

At Marine Academy Primary we aim to give children the knowledge and understanding in order to become competent, confident and motivated in PE for their life. Delivering a curriculum that is high-quality and tailored to our children's individual needs ensures our children "reach their greatest potential and live by life's highest values".

Our values allow all children regardless of their physical ability, social background or academic ability to achieve. These values are:

- ★ Aspiration
- ★ Achievement
- ★ Community
- ★ Respect.

Through Physical Education our children will learn to:

- ★ "lead healthy, active lives,
- ★ develop competence to excel in a broad range of physical activities
- ★ engage in competitive sports and activities
- ★ be physically active for sustained periods of time".

DFE, 2013

### Curriculum Planning

Teachers use The National Curriculum objectives as a starting point for their PE planning. Teachers are encouraged to complete medium-term planning for PE so that progression can naturally develop across the unit. All sessions have a warm up and a plenary/cool down. Teachers share 'I can' objectives and success criteria with children before and during their lesson so that all children know what they are learning. At the end of the lesson children are encouraged to self-assess their learning. Wherever possible, teachers link PE sessions to the International Primary Curriculum (IPC) and topics.

In addition, progression maps in athletics, games, dance and gymnastics have been devised to show progression across and within year groups. The whole school curriculum map ensures a broad and balanced coverage from EYFS to Year 6.

Planning is monitored to ensure all children achieve and progress during sessions. Planning is then shared with all adults involved. Support staff are encouraged to actively support children during sessions and provide feedback to the class teacher.

### High Quality PE and Dance

At Marine Academy Primary, teachers and support staff are provided with regular opportunities for Continued Professional Development (CPD). Opportunities include:

- ★ attending courses
- ★ sharing feedback and best practice
- ★ observing others
- ★ team teaching
- ★ taking an active part in sessions led by specialist teachers and coaches.

As a result all staff have up to date knowledge and understanding allowing them to provide high quality PE and Dance.

All external coaches and teachers meet with the PE Coordinator and Headteacher to ensure they are familiar with the school's policies and procedures and given skills or areas to be focused on or developed.

### PE Kit

When children join Marine Academy Primary they are put into a house team; **Bantham**, **Wembury**, **Edgcumbe** and **Cawsand**. PE kit should consist of the house t-shirt, black shorts and black plimsolls. During colder months children are able to bring in tracksuits. Kits should be named and kept on pegs. Children are taught to identify and understand risks associated with wearing inappropriate clothing, footwear or jewellery.

Staff are to check that all children have their PE kit in school on their designated day. If a child does not have kit in school then a phone call home before 9:00am will be made. If children continuously do not have kit in school then children will miss five minutes of their golden time.

All staff involved in physical activity wear PE kit to demonstrate a positive image to all children. Staff are provided with school t-shirts and are expected to wear appropriate bottoms and shoes with hair tied back and dangly jewellery removed. If PE sessions are in the morning then staff will wear their kit to school and change at the next available time of the day. If the session or club is in the afternoon then staff will change in to their kit at lunchtime.

### Safe and Appropriate Use of Equipment and Environments

Staff will ensure that equipment being used is fit for purpose; balls pumped, equipment is not damaged or torn and that size of equipment is appropriate for the age group. If specific equipment is required or staff notice that equipment stock is low, staff must contact the PE Co-coordinator at their earliest convenience.

Before and during all physical activity inside and out, risks and hazards must be identified and shared with both adults and children. Rubbish, glass or miscellaneous objects are to be picked up by a member or staff and discarded as necessary. Regular checks out the Outside Area will ensure that activities are set up away from mess, risks and hazards. If a risk or hazard affects a session the Headteacher, Site Team Manager or PE Co-coordinator must be informed immediately.

Through supervision children should be taught how to move and use apparatus safely. When moving equipment:

- ★ At least two children should carry a small mat and four children should carry a large mat. Children should be positioned either side of the mat facing forwards. When picking up and putting down mats children should keep their backs straight and bend their knees.
- ★ When carrying benches in KS2, two children should carry one bench, positioned at either end. In KS1, four children should carry a bench, one at either end and two in the middle to take the weight.
- ★ All equipment should then be checked by the teacher before children begin their work.

### Opportunities For All

All PE sessions are differentiated to ensure that each child's individual needs are catered for. Staff know their children and are aware of those who may need to start at different points in order to progress. In addition, staff have regular meetings with the Special Educational Needs Co-ordinator (SENCo) and Gifted and Talented Co-ordinator ensuring that all children receive the best quality care and provision during physical education. Visual demonstrations and where possible visual cards and clues, highlighting images and vocabulary are used to allow all children to fully understand concepts.

We recognise that our children have different interests and therefore strive to provide a wide range of extra-curricular activities and opportunities. To ensure we keep girls engaged in PE, dance is offered during curricular time and whenever possibly as an extra-curricular activity.

A change for life club (name may vary) is run weekly and targets those children who may struggle in physical education sessions, have difficulties learning with peers, have low confidence and demonstrate low levels of physical activity and understanding of healthy living.

Working with local sports clubs and taking part in talent identification days allow staff to challenge and extend children who are talented in physical education. Teachers who identify children with the potential to shine should liaise with the Headteacher, Gifted and Talented Co-ordinator and PE Co-ordinator. Children who are identified as being talented in physical education are selected to compete in level 2 competitions as well as represent the school in learning community festivals.

If a child is unable to participate in physical activity they will be encouraged to assist, observe and feedback during sessions.

### Celebration of Achievements

Children's achievements both inside and outside of Marine Academy Primary are regularly celebrated. Opportunities for celebration include:

- ★ Achievement assemblies
- ★ The school's website
- ★ Marine Academy Facebook
- ★ Newspaper articles
- ★ School notice boards.

### Role of the PE Coordinator

The role of the PE coordinator involves:

- ★ Supporting colleagues in all aspects of the curriculum
- ★ Maintaining and replacing equipment and ensuring equipment is safe
- ★ Assisting with assessment
- ★ Attending meetings and courses and ensuring other staff are aware of courses themselves
- ★ Providing opportunities for pupils to become involved in extra-curricular activities and inter and intra school competitions
- ★ Develop skills and talents
- ★ Maintain high standards through effective monitoring
- ★ Produce a flexible scheme of work, with lesson ideas to support its implementation.

### Primary PE and Sport Premium

The Department for Education (DFE) recommends that “schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer. Through:

- ★ Develop or add to the PE and sport activities that your school already offers
- ★ Make improvements now that will benefit pupils joining the school in future years”.

afPE and YST, 2015

Details of how the funding is spent at Marine Academy Primary can be found in our policy section on the school's website.