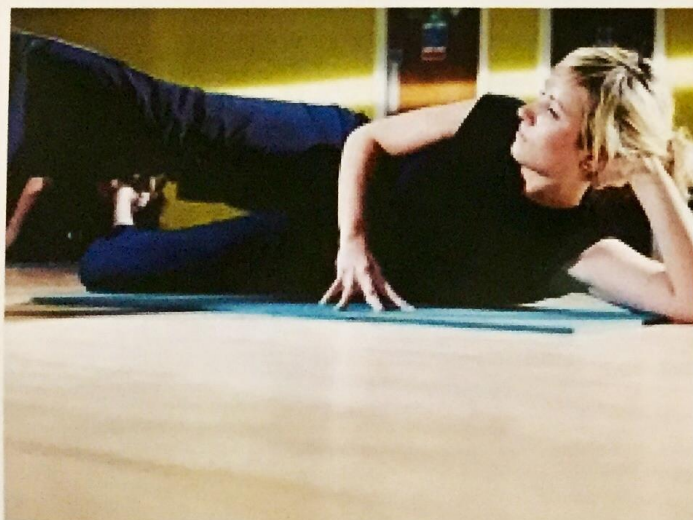


Community Fitness Sessions

At Marine Academy
Plymouth
St Budeaux



Pilates


Wednesday 6.15pm to 7.15pm
£1 per session

Boot Camp Circuits

Wednesday 7.30pm to 8.30pm
£1 per session

Complete 6 sessions and get a
£10 Love to Shop voucher

Suitable for all abilities, everyone is welcome.
For more information and to book

 **01752 307008**

Sessions supported by Plymouth City Council's Sports Development Unit

