

Community Fitness Sessions

At Marine Academy
Plymouth
St Budeaux



Table Tennis

Tuesday 9pm to 10pm

Free

Friday 6.30pm to 7.30pm

7.30pm to 8.30pm

£1 per session

Badminton

Tuesday 9pm to 10pm

Free

Friday 6.30pm to 7.30pm

7.30pm to 8.30pm

£1 per session

Suitable for all abilities, everyone is welcome.
For more information and to book

 **01752 213957**

Sessions supported by Plymouth City Council's Sports Development Unit

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At Marine Academy
Plymouth
St Budeaux



Pilates

Wednesday 6.15pm to 7.15pm
£1 per session

Boot Camp Circuits

Wednesday 7.30pm to 8.30pm
£1 per session

Complete 6 sessions and get a
£10 Love to Shop voucher

Suitable for all abilities, everyone is welcome.
For more information and to book

 **01752 307008**

Sessions supported by Plymouth City Council's Sports Development Unit

