

# PARKOUR

SATURDAY 12.30 - 2pm

AGES 8 -15

**FREE**  
INTRODUCTORY  
SESSION



MARINE ACADEMY  
PLYMOUTH



Part of the Marine Academy Community Programme, this great club is run by qualified instructors. A fun session for all abilities, join us and give it a try. Take a look at our website for more information [www.plymouthparkour.uk](http://www.plymouthparkour.uk)

To find out more call **01752 213951** (Direct sports-line)

Or **01752 213939** (School Reception)

Go to [www.marineacademy.org.uk](http://www.marineacademy.org.uk) Community link

Or email Darren Stewart at [lettings@marineacademy.org.uk](mailto:lettings@marineacademy.org.uk)

