

MARINE ACADEMY PRIMARY NEWSLETTER September 2023



‘Where stars shine brighter’

...providing an outstanding education that ensures all pupils reach their greatest potential and live by life’s highest values.

Dear Parent/Carers of Marine Academy Primary pupils,

Welcome to the first newsletter of the academic year and the very first newsletter from ourselves as Co-Headteachers! Everyone has hit the ground running at Marine Academy Primary with lots of new children joining Nursery and Pre-School, sixty new children joining Reception and some other new faces across the school too. We have even welcomed some new class teachers who have shown themselves to be true #TeamMarine family members already. This year feels like a particularly special year for Marine Academy Primary as we celebrate our 10th birthday! Throughout the year, we will hold ten events to celebrate, culminating in a well-deserved birthday party! Thank you to those families who have been with us since we opened in a little building on the front field, with big dreams and stacks of enthusiasm! We are immensely proud of our community and the incredible children who we have the privilege of nurturing, now and in the future.

As you will see from the classroom updates below, children have shown their impeccable MAP behaviours already and their high expectations have shone through their learning and social interactions. So far this term, we have seen our Taekwondo lessons restart, violin lessons for Year 3 children and our largest ever number of Extra-Curricular Clubs being offered. Eleven children also showed their ambition and bravery and took part in the Institute of Mechanical Engineers Cardboard Boat Race. We were amazed by their creations, but more so by their teamwork, resilience and humour when faced with adversity!

We are also incredibly proud of our new Academy Parliament representatives, voted in by their peers. This month, they celebrated their new positions with a visit to the Houses of Parliament, whilst also delighting in the wonders of our capital city including a ride on the London Eye. They were exceptional role models and we look forward to their innovative thinking in driving the Academy to be even better.

Finally, thank you to you, our families, for working with us to ensure our children take part in as many events as possible, to raise aspirations, provide them with new experiences and create meaningful links in their learning.

Yours sincerely,

Mrs Georgina Reid and Mrs Nicola Keeler



DATES FOR YOUR Diary

Monday 2nd October - Class 6DK's trip to Bridging the Tamar Visitor Centre

Tuesday 3rd October - Year 5's trip to The Box

Tuesday 3rd October - Class 6VH's trip to Bridging the Tamar Visitor Centre

Wednesday 4th October - Conversation Cafe: Early Reading and Reading for Pleasure

Thursday 5th October - Reception classes' trips to St Budeaux Library

Friday 6th October - Year 3's trip to Kents Cavern Prehistoric Caves

Tuesday 10th October - World Mental Health Day

Friday 13th October - Year 2's trip to Morwellham Quay

Tuesday 17th October - 'Janner Jurassic' to visit Year 1

Wednesday 18th October - Year 1's trip to Dinosaur World

Thursday 19th October - 15 children to attend School Games Cross-Country Fun Run

Friday 20th October - Last day of Term 1

Thursday 2nd November - First day of Term 2. Extra-Curricular Clubs begin again

Friday 3rd November - Day of the Dead: children can wear Halloween mufti

Tuesday 7th November - Year 4 trip to watch 'Epic Tails'

Wednesday 8th November - Year 5 trip to watch 'The Railway Children'

Wednesday 8th November - Conversation Cafe: Speech & Language skills including Makaton

Friday 17th November - Children in Need

Tuesday 21st November - Year 6 Geography Field Trip to Slapton Ley

Friday 24th November - Year 2 trip to watch 'The Red Turtle'

Wednesday 6th December - Tricky eating habits

Friday 8th December - Christmas Jumper Day

Friday 15th December - Last day of Term 2: School closes for all children at 1pm

This year's Term Dates can be found on our website here:

<https://www.marineacademy.org.uk/primary/term-dates>

Term dates for the 2024-25 academic year will be sent out soon.

YEAR GROUP NEWS

Academic year off to a great start!

Turtles

It has been lovely to not only welcome back some of the current Turtle class after the summer, but to also welcome new members to the class. We have started to see some lovely friendships forming and we have seen some fantastic learning.

This term, we are focusing on 'The Wheels on the Bus' Nursery Rhyme, and the children are learning this brilliantly along with some great Makaton. During Themed Learning, we have been on a bus hunt, completed bus shape puzzles, painted our own buses, made some collage buses, and this week we are making the faces of the people on the bus.

In the coming weeks, we will begin our daily 'Dough Disco' and take part in some lovely 'Welly Walks'. Please keep an eye on the school Facebook page to see some of our fantastic learning.



Reception

Our new Marine Academy Primary Reception cohort have had a super first month settling into their new classrooms, meeting their new friends and getting used to the routines of the day. We have been so impressed with the children's willingness to learn during their Phonics lessons, and with how settled they are when they arrive in the morning. It has been wonderful to get to know all the children and to understand their characters, likes and dislikes. This month, the children have been focusing their learning on the story, 'The Colour Monster goes to School', as well as the book 'Perfectly Norman'. The children have been exploring their emotions, finding out what makes them unique and discussing their families at home. The children have been completing a range of challenges during Independent Learning Time, from building and constructing houses, to cutting out and colouring their own Colour Monster! We are looking forward to learning about the story 'The Smartest Giant in Town' where we will talk about what it takes to be a kind friend. Thank you for all your support with your child's reading at home - it has been super!

Pre-School

The Pre-School children have had an amazing start to the new academic year! We have welcomed lots of new friends. The children are enjoying their new topic 'How do I feel?', where they are getting to know traditional tales while learning about themselves. The children have focused on 'The Ugly Duckling', where they talked about emotions, created their own ugly ducklings and painted ugly ducklings. The children have loved learning about 'The Three Billy Goats Gruff' and retelling the story using different props. Thank you for your continued support, any queries or questions please do not hesitate to contact us on yearpreschool@marineacademy.org.uk.

Year 1



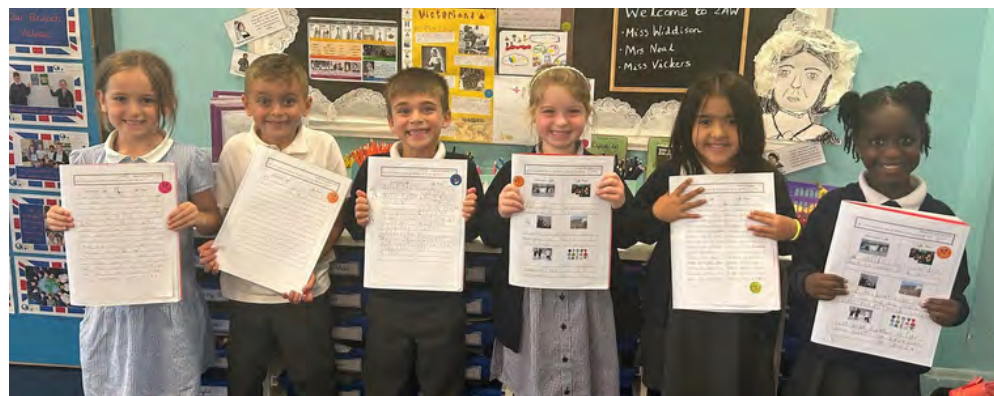
The children have settled into life in Year 1 fantastically! Over the first few weeks of Term, the children have become secure with their new routines and have started to make positive relationships with the Year 1 team. They have displayed fantastic respect for each other and have been following the Academy Rules brilliantly. The children have enjoyed starting their Year 1 learning journeys. They have learnt lots of interesting facts about dinosaurs as part of their History learning. They particularly enjoyed becoming palaeontologists, where they carefully dug out fossils from the sand. We are looking forward to the children visiting Torquay's Dinosaur World at the end of term; they will get the opportunity to see real life fossils and also learn further facts about dinosaurs. The Year 1 staff have also been impressed with the children's engagement with their reading. The children have excelled in their Reading Practice sessions and have done brilliantly at reading these books at home as part of their home reading. Going forwards, the children will be moving onto Phase 5 as part of their Phonics learning, where they will learn new sounds. We would like to take this opportunity to say how proud we are of all the children for settling into Year 1 so well. They have shown maturity, resilience and perseverance in all areas. We are looking forward to another month of learning before half term.

Year 3

What a fantastic start to Year 3! The children have returned with fantastic attitudes towards their learning. This term has seen the introduction of our new History topic, Prehistoric Britain. We've discussed how people evolved and what animals were around at the time. In Maths, the children have been focusing on place value and how three-digit numbers are made up. They have also used the more or less signs to compare two or more numbers. This term, the children have also begun taking violin lessons on Monday afternoons - we are all incredibly excited to see their progress. The violins have proved very popular with many children! Lots of children within Year 3 have made a super start with logging their books in school and quizzing to achieve their next reading certificate. A wonderful start to our autumn term Year 3, keep it up!

Year 2

Year 2 have had an amazing start to the year! We have been blown away by the children's amazing manners, resilience and perseverance. This term, our topic is Vile Victorians, where we have been exploring Victorian school life and what homes were like for Victorian children. The children were shocked by the strictness of Victorian schools and experienced some vast differences when exploring our Marine Academy Rules compared to the expectations Victorian children faced, day to day, especially when they had two strict Victorian teachers come and visit them for their first History lesson! In English, the children have written some fantastic stories based on the book 'How to Hide a Lion at School'. In Maths, the children have been exploring place value, representing a 2-digit number in variety of ways. In Science, we have been investigating how to stay healthy, including our minds as well as our bodies. We are looking forward to the rest of the term as we know the children are going to be superstars!



Year 4

Year 4 have made a fantastic start to this academic year! In English, the children have been exploring the text 'Cinderella of the Nile' and have now finished innovating their own version of this traditional tale. In Maths, the children have excelled in their 'Place Value' unit; comparing 4-digit numbers, rounding to 100 and exploring Roman Numerals. In Science, the children are investigating 'Sound'. So far, they have experimented with making their own musical instruments and learnt how the human ear translates vibrations into sounds. In their History topic 'Roman Britain', Year 4 have discovered how the Romans conquered Britain, and how the British tribes rebelled against them! In SMSC, they have explored their feelings and in Computing they have explored aspects of the Internet, including how networks, switches and routers allow individuals to communicate with each other. A highlight of the month so far has been the weekly visits to Year 4 by Plymouth Argyle and Babcock. The children are enjoying the classroom-based sessions on leadership, teamwork and STEM and then putting what they discuss into practice in outdoor games and activities.



Year 5

Year 5 have had a fantastic start to the new academic year; they have shown a super attitude to their learning and excellent pride in their presentation. In English, the children have expanded their sentence structures by using adverbials and relative clauses to create complex sentences. Having read the invention themed story of 'Weslandia', the unit culminated in the children producing their own invention stories that were engaging and creative. In Maths, the children have refreshed and then expanded their knowledge of place value to one million! They have also developed their confidence in finding and using negative numbers. In History, the children have made a super start to their learning about the West African ancient civilisation of the Benin Kingdom. They have explored the items that were traded with European countries and the artwork which made Benin such a powerful empire. In RE, Year 5 have considered the concept of 'God as a divine being' and analysed how Bible extracts and hymns view him as being holy and loving. In Science, the children have learnt about mixtures, investigating examples of them and recognising how a formulation requires a particular amount of each substance. Well done year 5 for a mature and enthusiastic start to the year!

Year 6

Year 6 have settled back into the final year of school incredibly well. They have shown unwitting resilience and determination adjusting to their new learning and classroom environments. In Maths, they have finished their place value topic, and dove straight into their four operations, mastering addition, subtraction, multiplication, and division. In English, the children have developed their newspaper writing, whilst designing their own "cracking contraption". In Science, they have understood the seven nutrients needed to maintain a balanced diet. In History, the children have discussed the variety of roles created during the Industrial Revolution. In Art, Year 6 are studying the works of L S Lowry and using his work to influence a final piece for the end of the term. The children have worked exceptionally hard throughout the past few weeks, and we cannot wait to see how they continue to thrive over the next few terms.



Recommend a Recipe

We would love it if you could try these recipes at home and send in a picture of you eating the recipe with your families or a food review to primary@marineacademy.org.uk.

Simple Pizza



Ingredients

350g flour
2 $\frac{3}{4}$ tsp baking powder
1 tsp salt
1 tbsp oil
170ml water
Additional toppings from your fridge or cupboard



How to Knead Dough:

Use your hands to spread the dough, fold it over, massage it and squeeze it.

Method

1. Preheat your oven to 200°C/180°C Fan. Clean your work surface carefully so that you can knead your dough on it later.
2. Mix together the flour, baking powder and salt.
3. Add in the oil and water and stir together until it makes a ball.
4. If the dough feels stiff (it should be soft but not sticky), add in more water - a splash at a time.
5. Sprinkle a thin layer of flour on your work surface. Knead the dough on the floured surface for 3-4 minutes.
6. Roll into 2 balls and then flatten them out. You can use a rolling pin or a clean, sturdy bottle for this.
7. Add toppings from your fridge onto the pizza dough.
8. Place on baking paper on a baking tray and cook for 15 minutes.

Healthy



Steps

Want a happier, healthier family? Your journey begins here.

Worried about your family's sugar intake? Concerned about eating well on a budget? Is it hard getting the kids to eat their 5 A Day?

Take our short quiz to find out which one of our 8-week email journeys is right for you.

Whether it's healthier snacking, cutting back sugar, meal planning, or upping your 5 A Day, you'll get easy tips from nutrition experts and other parents, Disney themed games, fun challenges and budget-friendly recipes delivered to your inbox.

Be a Swap Rockstar!

1

Scan the barcode on your favourite foods

2

Swipe to see healthier choices

3

Swap next time you shop

Can you make swaps?

Try colouring them in as you go*



Name

has made 5 swaps and is a Swap Rockstar

*Crayons work best. If you use felt tips make sure you allow time to dry.

Healthy Steps Quests!

Which Healthy Steps quest will you start on first?
Tick off each challenge as you complete it!



Quest 1: High Five



Be brave and try a **new fruit or vegetable** (or one you haven't had in a while)!

How many **different colours** of fruit and vegetables can you find at home? Don't forget about tinned and frozen food!

Colour in an apple for each day you **eat 5 servings** of fruit and vegetables a day.



Quest 2: Plan Ahead



Pick your **favourite vegetable** and make a list of all the different ways you could cook it. Ask a trusted adult at home to help you try one out.

Find a **fun way** to use up some leftovers and plan a further meal for tomorrow. For example, turn leftover vegetables into a yummy soup!

Plan **5 days** of healthy breakfasts or lunches. Check with an adult if you are not sure what makes a healthy meal. Colour in a piece of broccoli for each day you keep to your plan!



Quest 3: Snack Smart



Pick **two different** cereals or yogurts. Use the labels or the NHS Food Scanner app to work out which one has the least sugar!

Instead of a fizzy or sugary drink, try **adding some fruit or cucumber** to a glass of water.

Colour in a banana each time you **replace a sugary snack** with a healthier option. Ask an adult if you aren't sure or use the NHS Food Scanner app.





At Marine Academy Primary, we are a **nut-free school** as we have children with **severe allergies to nuts**.

Please can we also ask that **foods containing sesame seeds are not brought** into school as the proteins in these can cause an allergic reaction for those with nut allergies.



FLU NASAL SPRAY

Children in **Reception to Year 6** will be able to have a nasal flu vaccine on **Thursday 19th October**. Children in Pre-School and Turtles will need to contact their doctor's surgery to arrange for theirs.

A letter was sent home on Monday 25th September with all of the information you need. If you wish for your child to receive the vaccination, you must complete a consent form by **midday on Tuesday 17th October**, otherwise they will not be able to have it.

If you have more than one child in Reception to Year 6, please complete a separate form for each child.

Please click on the following link to access the consent form, ensuring you enter the full unique school reference code **DV139604**:

<https://www.kernowimmunisations.co.uk/Forms/Flu>



National
Trust



Visit a National Trust place for free!

The National Trust are offering free single entry passes again this autumn. Visit

<https://www.nationaltrust.org.uk/visit/escape-into-autumn> to find out more and see terms and conditions.



ONLINE SAFETY

This year, we will continue to share advice and practical strategies to support your child to be safe online and to ensure that using the internet is a positive experience for them.

If you have any further questions or concerns about e-safety, please contact our Computing leader, Mr Druce, by emailing: primary@marineacademy.org.uk FAO: Mr Druce.

FREE ONLINE SAFETY WEBINARS

From the Avon and Somerset Police Cyber Protect Team



Online and Cyber Safety for Parents and Carers



Friday 6th October 10:00am

Growing up in the online world can cause parents a lot of worries and concerns. This webinar will help keep you and your family safe online.

They say it takes a village to raise children. Let us be part of your village and put you in the best possible position to support your children online. We know it can all feel very daunting and overwhelming when looking at online and cyber safety. Therefore we've got a webinar for you that looks to help you understand what the online threat is and how you can mitigate it at home.

This session will discuss the following:

- What is cybercrime and how could you and your family be targeted
- How to mitigate these threats at home through technical and non-technical measures
- What online resources are available for you to use at home

Along with much more! To book, click below:

<https://www.eventbrite.co.uk/e/online-and-cyber-safety-for-parents-and-carers-tickets-687864680777?aff=odcleoeventsincollection>

ONLINE SAFETY FOR WOMEN AND GIRLS



Wednesday 1st November 10:00am

An informative session aimed at empowering women and girls to stay safe online.

Do you know how to stay safe online? Many of us won't realise how far our digital footprint goes, or how much of our personal information is available online. Our photos, our location, or passwords!

During this webinar you will learn about some of the concerns that we can run into online or due to our online presence, and how to take steps to stay safe online.

The session will discuss the importance of privacy settings to reduce your digital footprint, what emergency SOS features can be utilised within your phone, what to do if you're concerned about airtags or other tracking devices, and lots of other important information.

We will also look at additional tools available online and how the police can support your safety.

To book, click on the link below:

<https://www.eventbrite.co.uk/e/online-safety-for-women-and-girls-tickets-700098321927?aff=odcleoeventsincollection>

Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.



GAMING
TIPS

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

DISCUSS AGE RATINGS



Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary; emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.



FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

Meet Our Expert

Daniel Upcombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.



#WakeUpWednesday

Source: <https://hipal.app/about/privacy.html>

What Parents & Carers Need to Know about

WHATSAPP

AGE RESTRICTION
16+

In UK and Europe;
rest of the world 13+

With more than two billion active users exchanging texts, photos, videos and documents, as well as making voice and video calls, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients: not even WhatsApp itself can read them. This privacy issue has been in the spotlight recently, as the UK's Online Safety Bill proposes to end such encryption on private messaging; WhatsApp is unwilling to do so and has reportedly considered withdrawing its service in the UK should this legislation go ahead.

WHAT ARE THE RISKS?

EVOLVING SCAMS

WhatsApp's popularity makes it a lucrative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a spurious 'emergency'. Plus a scam where fraudsters trigger a verification message by attempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.

CONTACT FROM STRANGERS

To start a chat, someone only needs the mobile number of the WhatsApp user that they want to message. If your child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that your child might be added to a group chat (by one of their friends, for example) containing other people that they don't know.

FAKE NEWS

WhatsApp's connectivity and ease of use allows news to be shared rapidly - whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a "Forwarded many times" label and a double arrow icon. This makes users aware that the message they've just received is far from an original... and might not be entirely factual, either.

'VIEW ONCE' CONTENT

The facility to send images or messages that can only be viewed once has led to some WhatsApp users sharing inappropriate images or abusive texts, knowing that the recipient can't re-open them later to use as evidence of misconduct. People used to be able to screenshot this 'disappearing' content - but a recently added WhatsApp feature now blocks this, citing increased privacy.

CHAT LOCK

Another new option allows users to store certain messages or chats in a separate 'locked chats' folder, saved behind a passcode, fingerprint or face ID authentication. The risk here is that this function creates the potential for young people to hide conversations and content that they suspect their parents wouldn't approve of (such as age-inappropriate material).

VISIBLE LOCATION

WhatsApp's 'live location' feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child's safely on the way home, for example. However, anyone in your child's contacts list or in a mutual group chat can also track their location - potentially letting strangers identify a child's home address or journeys that they make regularly.

Advice for Parents & Carers

EMPHASISE CAUTION

Encourage your child to treat unexpected messages with caution: get them to consider, for example, whether the message sounds like something a friend or relative would really send them. Make sure they know never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further layer of protection to their WhatsApp account.



THINKING BEFORE SHARING

Help your child to understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy - and all too common - for content to then be shared more widely (even publicly on social media). Encourage your child to consider how an ill-judged message might damage their reputation or upset a friend who sent something to them in confidence.

ADJUST THE SETTINGS

It's wise to change your child's WhatsApp settings (go to 'Privacy', then 'Groups') to specify which of their contacts can add them to group chats without needing approval; you can give permission to 'My Contacts' or 'My Contacts Except...'. Additionally, if your child needs to use 'live location', emphasise that they should enable this function for only as long as they need - and then turn it off.



CHAT ABOUT PRIVACY

Some parents like to check in with their child about how they're using WhatsApp, explaining that it will help to keep them safe. If you spot a 'Locked Chats' folder, you might want to talk about the sort of chats that are in there, who they're with and why your child wants to keep them hidden. Also, if your child has sent any 'view once' content, you could discuss their reasons for using this feature.



Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



...HEY OSCAR...



National Online Safety

#WakeUpWednesday

Source: <https://blog.whatsapp.com/an-open-letter> | <https://iq.whatsapp.com/107018839582332> | https://iq.whatsapp.com/38a05896189245?helpref=hc_nav | <https://www.whatsapp.com/security> | <https://blog.whatsapp.com/chat-lock-making-your-most-intimate-conversations-even-more-private> | <https://www.aura.com/learn/whatsapp-scams>



Everybody read!

Reading together with your child matters!

Sharing books makes a big difference to your child's education.

When you read to your child you are making a positive impact on your child's reading ability and their love of reading.

Reading a book and chatting about it has a positive impact on your child's ability to:

- understand words and sentences
- use a wide range of vocabulary
- develop listening comprehension skills

Reading books your child has chosen to read for pleasure is one of the best things you can do to help them succeed at school.

A love of reading is the biggest indicator of future academic success!

Parental involvement in the development of children's reading skills:
A five-year longitudinal study (2002) Senechal, M. and Lefvre, J.





Everybody read!

Does it matter how I read with my child?

- Studies show that it's the enjoyment and chat that matters!
- The more you chat together about the book and things that interest your child the more impact it has.
- You don't even have to read the words on the page, talking about the pictures is just as important.

Does it matter which language I use?

- Use your home language.
- It is better for your child to hear expert talk from you in your language.
- Many studies tell us it is the back-and-forth talk between adults and children when they are sharing books that makes the difference to children's language and comprehension.
- This impact will translate to better language and comprehension for your child in English.



Does the type of book matter?

- Let your child be the boss of the books they choose. Enjoyment really matters.
- Comics, information books, magazines, story books, picture books, poems and leaflets are all great for sharing.
- Catalogues are fun to share and talk about too.

What if they always want to read the same book?

- Repeated reading of books is really beneficial for children. It helps them memorise parts of stories, words and phrases too.
- Knowing a book or poem by heart is fun and powerful for children, they can 'read' the story with you, or join in with words or phrases.
- If you really want to mix it up offer another book alongside the much-loved favourite!



YEAR 1 HISTORY RECOMMENDED READS



If you're enjoying this term's History topic, you might like these books...



DINOSAURS



Year 2 History Recommended Reads



If you're enjoying this term's History topic, you might like these books...



THE VICTORIANS



YEAR 3 HISTORY RECOMMENDED READS



If you're enjoying this term's History topic, you might like these books...



PREHISTORIC BRITAIN



YEAR 4 HISTORY RECOMMENDED READS



If you're enjoying this term's History topic, you might like these books...



ROMAN BRITAIN



Year 5 History Recommended Reads



If you're enjoying this term's History topic,
you might like these books...

The Benin Kingdom



YEAR 6 HISTORY RECOMMENDED READS



If you're enjoying this term's History topic,
you might like these books...



Free course

Developing Reading for Pleasure: engaging young readers




Explore current theory, research and debates around supporting children's reading engagement in this free online course, *Developing Reading for Pleasure: Engaging Young Readers*.


Aimed at teachers, teaching assistants, school leaders, reading volunteers, parents and all those interested in nurturing children's reading, participants will gain knowledge and strategies to help promote reading for pleasure across schools, homes and communities.

This online course includes 8 sessions:

1. The importance of childhood reading
2. Being a reader
3. The power of narrative
4. Knowing your texts, knowing your readers
5. Reading for Pleasure pedagogy
6. Building reading communities in school
7. Supporting children as readers at home
8. Enticing reluctant readers and addressing challenges



 24 hours study

 Level 2: Intermediate

Ratings 

4.5 out of 5 stars



Should I keep my child off school?



Yes

Until...

| | |
|--|--|
| Chickenpox | at least 5 days from the onset of the rash and until all blisters have crusted over |
| Diarrhoea and Vomiting | 48 hours after their last episode |
| Cold and Flu-like illness (including COVID-19) | they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19. |
| Impetigo | their sores have crusted and healed, or 48 hours after they started antibiotics |
| Measles | 4 days after the rash first appeared |
| Mumps | 5 days after the swelling started |
| Scabies | they've had their first treatment |
| Scarlet Fever | 24 hours after they started taking antibiotics |
| Whooping Cough | 48 hours after they started taking antibiotics |

No

but make sure you let their school or nursery know about...

| | |
|----------------------|-----------------|
| Hand, foot and mouth | Glandular fever |
| Head lice | Tonsillitis |
| Threadworms | Slapped cheek |



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Timetable

WAVY Navy Tots

Every Thursday
0930 - 1100
Crownhill
Community Centre

Military
Kids Choir
Every Thursday
Term Time
1700 - 1800

St Matthew's
School

Board Games
Family Night
Monday
9th

1630 - 1830

Radford
Community Centre

Mocktails & Mystery Craft

Monday
9th
1900 - 2100

Radford
Community Centre

Messy Church

Tuesday 10th
1600 - 1745

Plymstock Chapel

Walk & Talk
Saturday 21st
1000

Meet at
Jennidiffe Park

Fun With Food Family Night

Monday
23rd
1630 - 1830
Crownhill
Community Centre

Mocktails &
Mystery Craft
Monday
23rd

1900 - 2100
Crownhill
Community Centre

Special Events

WAVY Navy Extra

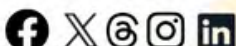
All Ages Welcome
Thursday 23rd
0930 - 1100
Crownhill
Community Centre

Nerf Party

Saturday 28th
12.15 - 1345
Xtreme Nerf, PL6
7PL

Light Party

Tuesday 31st
1700 - 1900
Improving Lives
Plymouth,
Ernest English House



Have a Question?

Contact Letty
079 7764 1906
letty.jones@aggies.org.uk



PLYMOUTH
CITY COUNCIL

Cost of living

Help IN Plymouth

We know that the rising cost of living is a real worry for hard-working and struggling households in Plymouth and across the country as a whole. We have created our cost of living hub to make it as easy as possible to find help with rising bills and costs.

Here you will find signposts to the help that's on offer - from financial support including information about benefits or help with budgeting, to where to go to get help with gas and electricity bills.

Our hub also includes information on help with Council Tax, housing costs and support with food costs, as well as how to contact voluntary organisations working across the city.

Remember - if you are struggling, you are not alone and there is no shame in asking for help. Everyone needs a little bit of extra support at some point in their lives.

The Council has launched a new, city-wide [Cost of Living Plan](#) which outlines how residents will be supported throughout the crisis.



[Financial help and advice](#) >

Information about benefits, budgeting, debt and scam advice



[Help with energy costs](#) >

Find out about the help available if you are worried about energy bills



[Free things to do in Plymouth](#) >

Free things for everyone to enjoy in Plymouth



[Help with food costs](#) >

Organisations that can help if you need support feeding your family or yourself



[Household Support Fund](#) >

Extra support with food and energy bills available for Plymouth households



[Help for families](#) >

If you have children and are struggling, make sure you are claiming all the support available to you



[Mental health support](#) >

Services and organisations are here to help if you are struggling and need support



[Housing costs, bills and homelessness support](#) >

Help available if you're struggling with housing costs and bills, or are at risk of becoming homeless



[Employment and skills support](#) >

Support for learning new skills, or help to find a new job



[Welcoming spaces](#) >

Welcoming places in Plymouth you can visit



[Guidance for employers](#) >

Plymouth Charter's toolkit with actions for employers to support employees

Keep water beads away from young children

Children love water beads. But it's really dangerous if a young child swallows them.



They expand in the belly and can block the bowel. Some grow as big as golf balls.

A child may need major surgery to remove them. So please keep them away from young children.



If you suspect a child has swallowed a water bead, get medical help straight away.

Scan to learn more



Watch out in water

“This has highlighted the dangers posed when a child is left unsupervised for a short period of time and even in the shallowest of water.”

Coroner's report, bath seat drowning of 7-month-old

Drowning happens silently. A drowning child can't speak or control their arms. They slip quietly under the water. It's only in the movies they splash about and cry for help. It's a scary thought.

But once you understand how and where drowning happens, there are things you can do to prevent it.

Babies and small children – mostly drown at home in the bath or in the garden, in just a few centimetres of water. Keep your baby or young child in arm's reach all the time when they're in or near water.



Older children – can still get into difficulties. They may over-estimate how strong a swimmer they are or under-estimate risks in the sea or open water. Teach them to float until help arrives.

Baths

- Get everything you need ready before bath time. You'll need to stay with your baby or young child all the time they're in the bath.
- Bath seats are great for supporting your baby in the bath but they're not safety aids. Don't leave your baby alone in one even for a moment. They can topple or your baby can slip out.
- Don't rely on your toddler to keep an eye on the baby while you pop out for a towel, as they're still too young to understand danger.

In the garden

- Empty the paddling pool out after you've used it
- Turn a pond into a sandpit, or fence it in or cover it while your children are little
- Make sure your child can't get to the neighbour's pond
- Be alert to ponds, pools or hot tubs when visiting other people's homes.

Out and about

- Teach older children to choose safe places to swim like public pools and beaches with lifeguards
- Explain the dangers of swimming in open water, including strong currents, deep, cold water and things under the surface they can't see.

At the beach

- Teach children to swim between the two-coloured red and yellow flags – these mark the areas patrolled by lifeguards
- Inflatables can be swept out to sea when the wind is blowing – keep children off inflatables when the orange windsock is flying and always keep an eye on them.