



# Marine Academy Primary Newsletter June 2022

*'Where Stars Shine Brighter.'*

...providing an outstanding education that ensures all pupils reach their greatest potential and live by life's highest values.

Dear Parents/Carers of Marine Academy Primary pupils,

In June, we had four wonderful Sports Days – one for each of the Key Stages – and two excellent Sports Sessions for our Nursery children, where the children showed huge enthusiasm, resilience, collaboration and teamwork. Each one was brilliantly led by our Sports Leaders from Year 6 and supported by Plymouth City Patriots and Discovery Martial Arts. A big thank you to Miss Codner for arranging it all so expertly and to all of #TeamMarine for getting stuck in and making it possible. A huge thank you to all of our fantastic Parents/Carers and family members who attended the picnics during Sports Days and the afternoons of races. It was brilliant to be able to welcome you back this year.

In the coming weeks, the children will spend some time with the teacher who will be their class teacher next year. Children will find out who their new class teacher is by Thursday 14<sup>th</sup> July and they will spend the morning with them on Friday 15<sup>th</sup> July.

We would also like to take this opportunity to invite Parents/Carers to come to the Academy any time between 8:20am and 8:55am on Monday 25<sup>th</sup> or Tuesday 26<sup>th</sup> July to collect their child's Annual Reports. Their current class teachers will be there to greet you and you will be able to meet next year's teacher too. If it is dry then they will be on the field in front of the entrance to Marine Academy Primary but if it is wet then they will be under the canopies at the front of the building and in the playground. The teaching team have worked really hard to write personalised Annual Reports to keep you updated about your child's learning and progress; we cannot wait for you to read them!

Finally, we look forward to welcoming you all at your child's Class Assembly during July.

Thank you for your continued support.

Yours sincerely,

Mrs. Siobhan Meredith

## FORTHCOMING EVENTS...

### DATES FOR YOUR DIARY

- 4<sup>th</sup> July – Class RHR Class Assembly
- 4<sup>th</sup> July – 5 x UKS2 Children to take part in the Ted Wragg Trust Technology Innovation Competition at Exeter College
- 4<sup>th</sup> July – Class 3JN Trip to St Paul's Catholic Church
- 4<sup>th</sup> July – Stay and Play Session for New Class RTG Reception Children
- 5<sup>th</sup> July – Class 3CC Class Assembly
- 5<sup>th</sup> July – Stay and Play Session for New Class RHR Reception Children
- 6<sup>th</sup> July – Pre-School Graduation Assembly
- 6<sup>th</sup> to 8<sup>th</sup> July – Years 5 and 6 Residential to Forest and Beach
- 7<sup>th</sup> July – Class RAF Class Assembly
- 7<sup>th</sup> July – Years 5 and 6 Children (not at Residential) to go to the Cinema
- 9<sup>th</sup> July – Respect Festival Parade
- 11<sup>th</sup> July – Class 1MM Class Assembly
- 11<sup>th</sup> July – Stay and Play Session for New Class RTG Reception Children
- 12<sup>th</sup> July – Class 2CW Class Assembly
- 12<sup>th</sup> July – Stay and Play Session for New Class RHR Reception Children
- 13<sup>th</sup> July – Class 5LI Class Assembly
- 14<sup>th</sup> July – Class 2TG Class Assembly
- 18<sup>th</sup> July – Class 3JN Class Assembly
- 19<sup>th</sup> July – Class 1SA Class Assembly
- 20<sup>th</sup> July – Class 4AV Class Assembly
- 21<sup>st</sup> July – Class 4LG Class Assembly
- 22<sup>nd</sup> July – Class 6AW Class Assembly
- 25<sup>th</sup> July – Class 6DK Class Assembly
- 26<sup>th</sup> July – Last Day of Term 6



# New *this* Month

**Year 6** – June has been busy for Year 6! Both classes went on a trip to The Box and took part in workshops about evolution, which accompanied their previous Science learning. In Geography, they have been looking at the 'Globalisation' and how this is the increasing connection between places and people across the planet. Sports Day was a huge success and both classes showed great teamwork and perseverance when completing the different activities. We are looking forward to the last month of Year 6 before the children embark on their next adventure!

**Reception** – The Reception children have had a great start to Term 6! They have been practising their balance bike skills in P.E. The children have really impressed us with their skills, they have learnt how to hold the bike correctly, how to get onto the bike correctly and have manoeuvred around different obstacles! They have also had their 'Sports Day' where the children showed amazing teamwork and perseverance to try their best, they were all amazing in the races. There was a special delivery last week, we received a delivery of caterpillars, we have been given the challenge to look after them and have really loved watching them change, and we are excited to see what happens next in their life cycle. We can't wait to see the amazing learning the children will complete during the rest of Term 6.

**Work hard, be kind, and amazing things will happen.**

**Year 4** – What an incredible term it has been in Year 4! It has been great to see how engrossed everyone has been with their English learning this term. With the focus of persuasive writing, Year 4 wrote a persuasive letter to a member of staff, persuading them to come on our school trip. They were thrilled to convince Mrs Meredith to come with us and everyone had an amazing day at Devon Cliffs. It was great to see everyone show amazing resilience and push out of their comfort zone, while on the Aerial Adventure. During our 'Natural Resources' topic, the children learnt about the Chilean miners in 2010. Children were able to show empathy for their situation, which supported their debate about whether mining should continue. The children have thoroughly enjoyed their 'Brilliant Bubbles' topic in Science. Every lesson has allowed children to complete a hands-on experiment, which has been fantastic! Looking ahead, we are really looking forward to our class assemblies and can't wait to share our learning from this year.

**Nursery** – This term the Nursery children have enjoyed learning our new topic 'Hickory Dickory Dock'. They have been searching for hidden mice in the shredded paper, created some mice out of playdough and pipe cleaners and used a variety of craft materials to decorate a mouse face mask. The children also enjoyed having their Sports Sessions and we were so pleased to see so many Parents/Carers there to support the children.

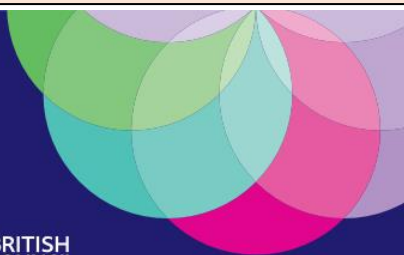
**Pre-School** – This Summer Term the children have loved their topic 'Let's Go to the Beach'. They have been regularly reading 'Sharing a Shell' by Julia Donaldson in Drop Everything and Read (DEAR), and they have enjoyed using the beach role-play with their friends. The children have done lots of beach related activities, such as sorting clothes for the weather, making sea creatures and building sandcastles. The children loved Sports Day and enjoyed having a go with the different activities. We had a great picnic, and it was lovely to see so many parents come and watch again. Our older children have been working very hard to rehearse for the Graduation Assembly, and we look forward to performing it to the parents soon. We wish our children who are leaving us, all the best as they move into Reception and other schools. Thank you very much for your support.

**Year 3** – The children in year 3 have started learning about all their new topics in the foundation subjects. The children have really enjoyed learning all about space and astronauts in Science and how to keep themselves healthy by eating a balanced diet in DT. They have been working really hard to learn the songs for their class assemblies and we are looking forward to sharing them with you. In addition, the children have been working incredibly hard in Maths learning to tell the time using an analogue clock and now enjoy telling the adults in school what time it is. Furthermore, in English lessons, the children have been learning all about play scripts and did some amazing acting out of a Paddington Bear play. They are now starting to plan and write their own scripts.

**Year 5** – Year 5 have had a fantastic start to Term 6. They have dived straight into their new Maths learning of multiplying and dividing decimals. They have begun reading and creating their own stories, based upon the book Shackleton's Adventures. They have been able to innovate their characters and settings in the past week and are excited to see their final writes starting to come together. In their Science learning, they showed great aspirations to potentially become future Scientists. They have spent the first couple of lessons researching and pinpointing key scientific discoveries within the past 150 years, including pandemic research. In Geography, the children have shown a great understanding of Energy and Sustainability from their home learning research and have been able to apply this knowledge when presented with their new learning each week. In DT, they have commenced a topic centred on healthy eating and the benefits of a balanced diet. In PE, the students are developing their batting skills in the game of Rounders. In Music this term, the students are learning all aspects of Musical Theatre! The month concluded with a highly enjoyable Sports Day and a fantastic Geography fieldwork trip to Central Park. This is an exciting last term full of trips and enrichment activities for all; we are so excited to see how the rest of the term progresses!

**Year 2** – As we near the end of Year 2, we have all been reflecting on how much progress the children have made. Not only have they made amazing academic progress this year, but they are all becoming such super British citizens with strong moral, social and cultural beliefs. We couldn't be prouder of their sportsmanship, the amount of respect shown and the support they showed each other during sports day. We can't wait to share a review of all our learning achievements in our class assemblies. We know you will all marvel at their singing voices and confidence. The children are so excited to finally invite you inside the building. Year 2 have excelled in their 'time' topic in Maths and we loved seeing Michelle Robinson share some learning inspired by her book 'How to wash a Woolly Mammoth'. She even commented on the children's beautiful fancy handwriting. Well done on another incredible term, Year 2.

**Year 1** – The month of June saw many fantastic learning opportunities for the children in Year 1. The children have displayed fantastic Geographical knowledge as part of the topic, 'Wonderful Weather'. They did a fantastic job at making weather diaries over the half term and had a go at observing the clouds in the playground. The month of June also saw the children undertake their Phonics screening tests. Each and every child did the staff in Year 1 proud! It was fantastic to see them show off their fantastic reading skills after a year of working so hard. The children showed fantastic skill and perseverance during the KS1 Sports Day at the end of June. The children really enjoyed performing in front of the parents. It was great to see the community spirit return after such a long time. The children have started to practise for their class assemblies which will take place in July. Lots of the children have already begun to learn their lines and the songs they will be singing. They cannot wait to show all of the parents in July. Next month will also see the children's transition day where they will meet their Year 2 teachers. All of the staff in Year 1 look forward to one final month with the year group before they head off on their next adventure.



## International School Award 2021–24

### Marine Academy Primary has received the International School Award for the third time!

The International School Award rewards schools that have shown a commitment to embedding international awareness and understanding within their school. The award recognises our excellent international activities which develop and benefit the school community. It also identifies our support, commitment, creativity and innovative international work.

We are delighted to have achieved this award again and will continue to develop our partnerships with schools in Ghana, Romania, Sweden, Spain and Denmark. A big well done to Ms Bell who leads our International work so superbly!

### CLASS ASSEMBLIES



### CLASS ASSEMBLIES

We are very excited that for the first time since the start of the pandemic, we are in a position to invite families to attend their child's Class Assembly. Each class will lead an assembly, which will share with you the learning they have completed this year and more! The dates for the assemblies are below and will all take place 9:15-9:45am:

Pre-School	6 <sup>th</sup> July
Class RAF	7 <sup>th</sup> July
Class RHR	4 <sup>th</sup> July
Class 1SA	19 <sup>th</sup> July
Class 1MM	11 <sup>th</sup> July
Class 2TG	14 <sup>th</sup> July
Class 2CW	12 <sup>th</sup> July
Class 3CC	5 <sup>th</sup> July
Class 3JN	18 <sup>th</sup> July
Class 4AV	20 <sup>th</sup> July
Class 4LG	21 <sup>st</sup> July
Class 5AD	1 <sup>st</sup> July
Class 5LI	13 <sup>th</sup> July
Class 6DK	25 <sup>th</sup> July
Class 6AW	22 <sup>nd</sup> July

Save the Date

Save the Date

## ARE YOU ONLINE SAFETY AWARE?

### Online Safety

Each month, we will continue to share with you some advice to further support your child to be safe online. This month's focus is 'gaming' and how you can support your child with having positive experiences of this. If you have any questions or queries then please do contact our Computing Leader, Mr Druce by emailing: [primary@marineacademy.org.uk](mailto:primary@marineacademy.org.uk) FAO: Mr Druce. You will also be able to arrange a time to virtually meet about Computing and Online Safety.



### What safety features does TikTok have to help?

### TOP TIPS

#### WHAT IS TIKTOK?

A social media app, used mainly for creating music and dance videos.

The app can also be used for users to create /participate in viral challenges.

#### WHAT IS FAMILY SAFETY MODE?

A new feature, allowing Parents/Carers to connect their own TikTok account with their teen's TikTok account, this allows Parents/Carers to have remote control over certain safety features.

#### ARE THE FEATURES EXCLUSIVE TO FAMILY SAFETY MODE?

No, these safety features are already available in the app for TikTok users to set up themselves.

#### WHAT ARE THE SAFETY FEATURES?

##### SCREEN TIME MANAGEMENT

Parents/Carers can limit the amount of time their teen spends on the TikTok app.

##### RESTRICTED MODE

Parents/Carers can limit the appearance of inappropriate content on the app.

##### DIRECT MESSAGES

Parents/Carers can select which users can message their teen, or turn off direct messaging completely.



##### PRIVATE PROFILE

Set your teen's profile to private so only people they know can interact with their videos.

##### KEEP TALKING

Having a regular conversation as well as setting up safety features is vital in keeping children and young people safe online.

<h4>AGE-INAPPROPRIATE CONTENT</h4> <p>Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – so it is possible for a child to be exposed to explicit and age-inappropriate content.</p>	<h4>EXPLICIT SONGS</h4> <p>TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and want to imitate any explicit language or suggestive actions.</p>	<h4>TIKTOK FAME</h4> <p>The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be 'the next big thing' will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.</p>
<h4>HAZARDOUS VISIBILITY</h4> <p>Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.</p>	<h4>ADDICTIVE NATURE</h4> <p>Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep you intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.</p>	<h4>IN-APP PURCHASES</h4> <p>There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. Buying coins is now restricted to over-18s – but TikTok doesn't require users to verify their age on sign up, so a young person could easily access this feature if they were determined to.</p>

### Digital Wellbeing

Like Facebook and Instagram, it has a digital wellbeing element (which is password protected) that alerts users who have been on the app for more than two hours. You can also turn on 'restricted mode' to filter out inappropriate content on the app.

### Private account

You can set an account to be private so that all videos can only be seen by the creator and no one else on the platform. With a private account, you can approve or deny users and limit incoming messages to followers only.

Please note that even with a private account, your child's profile photo, username, and bio are still visible to all users on the platform. You can manage who can comment, duet and direct message your child on the app.

### Privacy settings

TikTok users under 18 will have their accounts set to private-by-default, which means only someone who the user approves as a follower can view their videos. The change is part of a wider package of measures designed to drive higher standards of user privacy and safety.



# SPORTS CALENDAR

## Sports Events across the World this Term

- ★ Wimbledon
- ★ Tour De France
- ★ FIFA World Cup
- ★ NBA Basketball Finals
- ★ British Open Golf
- ★ Womens Hockey World Cup
- ★ Womens European Championships Soccer
- ★ UEFA Womens Euro 2022

### Sports Days 2022

*What fantastic Sports Days we have had this year! Children took part in activities during the morning including golf, Taekwondo, archery, basketball, balance bikes and scooting. In the afternoon, cheered on by Parents/Carers, the children raced their socks off! A huge well done to all our children; the team were blown away by the children's determination, resilience and perseverance.*

*We would like to say a huge thank you to our Year 6 Sports Leaders and our Year 5 children who helped with the E4FS Sports Day. Also, not forgetting the Parents/Carers who were able to join us and celebrate - thank you!*



### Birmingham 2022 Commonwealth Games



It is under 30 days until Birmingham 2022 Commonwealth Games! The Commonwealth Games will take place from Thursday 28<sup>th</sup> July to Monday 8<sup>th</sup> August. At the Birmingham 2022 Commonwealth Games, Team England will compete against the 72 nations and territories of the Commonwealth across 19 different sports. Check out the website <https://www.birmingham2022.com/> for all the latest updates and news.

If you would like to have a go at designing your own mascot we would love to see your designs – please send them to [primary@marineacademy.org.uk](mailto:primary@marineacademy.org.uk) FAO: Miss Codner.

# Design a Mascot for The Commonwealth Games

A mascot is a thing, or person, that is supposed to bring **good luck**.

For The Commonwealth Games this year, a character named Perry has been created and is the official mascot for the Birmingham 2022 Games. His patchwork of multi-coloured hexagonal patterns represents the many Commonwealth nations from around the world coming together for The Commonwealth Games, as well as the communities of Birmingham and the West Midlands. You may also notice his kit of red, yellow and blue stripes, which represent the colours of the Birmingham flag.

You are going to design your own mascot for The Commonwealth Games, using inspiration from a city or community near you. Write some sentences to describe your mascot and explain why you chose this person or thing to be your mascot.

Mascot name: \_\_\_\_\_

Description of your mascot: \_\_\_\_\_

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The more that you read,  
The more things you will know.  
The more that you learn,  
The more places you'll go.  
-Dr. Seuss

# We Are Readers



**TOP 10**

## Number of Words Read This Month:

1	Joshua (5LI)	305,299
2	Jay (6DK)	252,433
3	Jacob (6AW)	221,552
4	Lincoln (5LI)	163,140
5	Silun (4AV)	148,305
6	Rhuben (5AD)	119,573
7	Oliver (5LI)	106,610
8	Poppy (4LG)	83,739
9	Zack (3CC)	82,886
10	Adelle (6DK)	82,638

The total number of books and words read by children on Accelerated Reader so far this year currently stands at...

**12,888 books** and  
**50,744,840 words**  
so far this year!

**WOW!**

**SUPER READER**

**SHOUT OUTS!**

It has been another amazing month for reading and quizzing! Well done to these superstars who have been reading lots!

Lyla (RHR), Holly (RAF), Reuben (1MM), Piper (1SA), Hadley (2CW), Bobby (2TG), Olivia (3CC), Thalia (3JN), Oliver (4AV), Charlie (4LG), Leon (5AD), Jack (5LI), Ayda (6AW) and Amy-Leigh (6DK)!

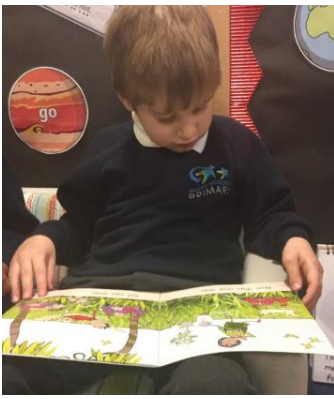
Big congratulations go to Tia in 3CC, Lola-May in 5AD and Amelia in 5AD for becoming our latest Word Millionaires! Another huge congratulation to Isaac in 6AW for being a Multi-Word Millionaire! Well done to all of you - wear your badges with pride!



## Early Reading

### Supporting your child with reading

Although your child will be taught to read at school, you can have a huge impact on their reading journey by continuing their practice at home. There are two types of reading book that your child may bring home: a reading practice book and a sharing book.



### Reading practice book

This book has been carefully matched to your child's current reading level. If your child is reading it with little help, please don't worry that it's too easy – your child needs to develop fluency and confidence in reading.


Listen to them read the book. Remember to give them lots of praise – celebrate their success! If they can't read a word, read it to them. After they have finished, talk about the book together.

### Sharing book

In order to encourage your child to become a lifelong reader, it is important that they learn to read for pleasure. The sharing book is a book they have chosen for you to enjoy together.





Please remember that you shouldn't expect your child to read this alone. Read it to or with them. Discuss the pictures, enjoy the story, predict what might happen next, use different voices for the characters, explore the facts in a non-fiction book. The main thing is that you have fun!

Don't forget to log when your child has read at home with you on GoRead:




## GET STARTED WITH THE GOREAD PARENTS APP

SCAN THE QR CODE FOR YOUR PHONE AND DOWNLOAD THE APP



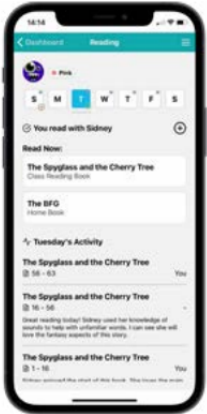
SCAN THE QR CODE TO WATCH THE INSTRUCTIONAL VIDEO



FOR HELP AND SUPPORT PLEASE VISIT:  
[WWW.GO-READ.CO.UK/PARENTS](http://WWW.GO-READ.CO.UK/PARENTS)

THANK YOU FOR USING GOREAD!

Like and follow us at:  
[Facebook.com/UKGOApps](https://www.facebook.com/UKGOApps)



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[WWW.GO-READ.CO.UK](http://WWW.GO-READ.CO.UK)



# Hele's School

## COMMUNITY SPORTS CENTRE

### SUMMER HOLIDAY CLUB

Monday 25th July – Friday 26th August 2022

Multi-sports, arts and crafts, dance, team building activities, day trips and much more!



Mon - Fri: 10:00am - 16:00pm £15.00 per day  
08:00am-10:00am £5.00  
16:00pm-17:00pm £5.00

Fun swim session (Tues & Thurs) £5.00 per session

**ALL 6 - 12 YEAR OLDS WELCOME!**



Contact us for more information or to book:

Telephone: 01752 231739

Email: [holidayclub@heles.plymouth.sch.uk](mailto:holidayclub@heles.plymouth.sch.uk)

[www.heles.plymouth.sch.uk/holidayclub](http://www.heles.plymouth.sch.uk/holidayclub)

## Are you pregnant or have children under the age of 4?

You could get help to buy healthy food and  
milk via the **Healthy Start** scheme.

To get help applying please come along to one of the  
'drop-in' sessions listed below. Refreshments and healthy  
snacks available.

- **13<sup>th</sup> of July 10:00 – 12:00**      **Crownhill Library**
- **14<sup>th</sup> of July 12:00 – 14:00**      **St Budeaux Library**
- **14<sup>th</sup> of July 12:00 – 14:00**      **Jan Cutting Healthy Living Centre**
- **15<sup>th</sup> of July 10:00 – 12:00**      **Central Library**
- **18<sup>th</sup> of July 10:00 – 12:00**      **Devonport Library**
- **18<sup>th</sup> of July 10:00 – 12:00**      **Efford Library**



For more information  
visit the Healthy  
Start website:

[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

  @NHSHealthyStart





## Preventing Burns and Scalds

Did you know that 95% of all childhood burns and scalds happen at home? Most are caused in the day-to-day situations that many parents don't anticipate, like children reaching a hot drink or grabbing hair straighteners. The Child Accident prevention Trust have highlighted some of the other dangers in and around the home and some tips on how to prevent injury.

### **In the kitchen**

There's more to watch out for than just the oven – kettles, hot drinks and saucepans can all burn. Young children can climb on chairs and counters and may often reach higher than you think.

**Saucepans** can seem like fun things to try to grab. Turning the saucepan handles away from the edge of the counter or cooker and using the back rings keeps them out of reach of little hands.

**Kettle cords** are also a temptation, but if you push the cord to the back of the worktop, or use a kettle with a short or curly flex, you will be able to keep them out of reach.

**Hot drinks** can easily be knocked over or grabbed by little fingers, and a cup of tea can burn even 15 minutes after it's been made. So put your baby or child down before picking up your hot drink, avoid passing them over children's heads and keep them out of reach of children.

**Hobs and hotplates** can all stay hot even after they've been turned off, and oven doors can be very hot when the oven is on. You can teach children how to behave safely around them, but they might not understand or remember the danger so it's best to keep them away.

**Microwaves** don't heat things in the same way as a cooker. Avoid warming babies' bottles in the microwave, the milk may heat up unevenly leaving spots of very hot milk which can scald your baby's mouth. Use a warmer or jug of hot water instead. Shake the bottle well after warming and test to make sure it's lukewarm not hot.

**Matches, cigarette lighters and candles** are grown-up objects. Toddlers and young children can find them fascinating. It's safest to keep matches, lighters and candles out of their reach and sight. If you can lock them away, even better. Remember that even though lighters are child-resistant, many 3 and 4 year olds will be able to operate them in a few seconds – and the child-resistant mechanism is no barrier for older children.

### **In the bedroom**

**Hair straighteners and curling tongs.** Hair straighteners get really hot and can still burn even after they're unplugged. In fact, hair straighteners can reach temperatures of 235°C – that's as hot as an iron. They get so hot you could cook breakfast on them. If they can fry bacon, imagine what they can do to a child's skin!

If they're stored safely on a high shelf, or put inside a heatproof bag, you can stop your little ones from playing with them, or touching or stepping on them by accident.

### **In the bathroom**

Whether your child loves it or hates it, there's no avoiding bath time. A baby's skin is 15 times thinner than an adult's, so hot water can pose a real danger to children.

**Cold before hot.** You can make sure the water is the right temperature by putting the cold water in the bath first. When the cold water has run, add the hot to get the right temperature.

**The elbow test.** The quickest way to check! Dipping your elbow into the water gives a good idea of how it will feel for your baby or toddler. It shouldn't feel hot or cold.

**Bath time.** Many scald accidents happen when a child gets into the bath before it's ready, play with the hot tap when they're in the bath or lean over to pick out a toy and fall in. Bath water can cause such bad burns that children need years of treatment and may be scarred for life. Staying with your child all the time when they're in the bath time means you can keep them safe and also share some quality time.

## In the living room

A living room can be full of surprises - exciting things to grab for and places to explore. Even if your baby has just started to crawl, you'd be surprised at the things they can reach.

**Hot drinks** are something to watch out for here. Choose a high shelf to put your mug on, rather than a low coffee table. If you need a relaxing cup of tea, ask someone else to hold the baby while you put your feet up, or put the baby in their own chair.

**Heaters and fires.** Dancing flames can be appealing to babies and toddlers. A fire guard can stop them getting to the fire and reaching for or falling into the flames.

**Irons.** Irons will stay hot after they're unplugged. Even older children could make a mistake and touch a hot iron. It is always safest to put it away – out of reach and out of sight after you've used it.

## Outside

Barbecues and bonfires can be a worry for parents. But with the right supervision, children can enjoy the fun without being at risk.

**Barbecues** stay hot for a long time, even when all the food has gone. Disposable barbecues can be tipped into a bucket of cold water to help them cool quicker, while children are kept out of the way!

**Bonfires** are fascinating for children. Even though they usually only happen once a year it's best to teach children to stay a safe distance from the fire and supervise them carefully.

### What to do in an Emergency

**COOL** for 20 minutes under cool running water, **CALL** 999 OR 111 or your GP for advice, **COVER** the burn loosely with cling film.

#### Cool



Run lots of **COOL** running water over the burn

#### Call



**CALL** for medical help. 999 or NHS Direct (111 or 0845 4647 in Wales)

#### Cover



**COVER** the burn with loose strips of clingfilm or clean non-fluffy material to stop it getting infected